Employment

Many aspects of employment, including the working environment and benefits, can affect the health of workers and their families.

Pay. Jobs are a main way for people to earn money. Regular pay and the amount workers receive affects what they can buy, including essentials such as housing, food, and health care.

Job Benefits. Jobs may offer benefits, such as health insurance, paid time off when sick, paid time off after having a baby, and retirement savings. These things contribute to worker well-being and the well-being of their families.











Safe Workplace. A safe workplace can support worker physical and mental health. Rules, laws, and safe behaviors maintain safe workplaces and define worker rights.