2010

Toll-Free Numbers for Health Information

Office of Disease Prevention and Health Promotion
U.S. Department of Health and Human Services

These toll-free numbers provide health-related information, education, and support. They DO NOT diagnose or recommend treatment for any disease.

Some of the toll-free numbers use recorded messages. Others offer personalized counseling and referrals. Most toll-free numbers provide educational materials. (Some organizations may charge handling fees.)

Most toll-free numbers can be reached 24 hours a day, 7 days a week unless otherwise noted.

This directory is organized into 3 categories:

- *Crisis Intervention.* Organizations that provide crisis assistance.
- *Rare Disorders.* Organizations that provide information about diseases and disorders that affect less than 1 percent of the population.
- *Professional Organizations.* Organizations that offer information about health professions (such as nursing or counseling) or health topics (such as blindness or lymphoma).

This directory is compiled every year by the National Health Information Center, which is a service of the Office of Disease Prevention and Health Promotion (ODPHP), Office of Public Health and Science, U.S. Department of Health and Human Services.

Disclaimer:

Not all information in this publication is endorsed by the U.S. Department of Health and Human Services.

You are free to reproduce or copy this publication. Please include the following credit line:

"Source: 2010 Toll-Free Numbers for Health Information, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC."

2010 Toll-Free Numbers for Health Information

ADOPTION

AdoptUSKids

(888) 200-4005

Bethany Christian Services

(800) 238-4269 (Crisis Hotline)

Child Welfare Information Gateway

(800) 394-3366

National Adoption Center

(800) TO-ADOPT (862-3678)

AGING

American Health Assistance Foundation

(800) 437-2423
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Caring Connections

(A program of the National Hospice and Palliative Care Organization)
(800) 658-8898 (Helpline)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Eldercare Locator

(800) 677-1116
9:00 a.m.–8:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Institute on Aging Information Center

(800) 222-2225
(800) 222-4225 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

AIDS/HIV

AIDS*info*

(800) 448-0440
(888) 480-3739 (TTY)
12:00 p.m.–5:00 p.m., Monday-Friday (Eastern time)

CDC INFO

(800) CDC-INFO (232-4636) (English/Spanish)
(888) 232-6348 (TTY)

CDC National Prevention Information Network

(800) 458-5231 (English/Spanish)
(800) 243-7012 (TTY)
(888) 282-7681 (Fax)
9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

Project Inform HIV/AIDS Treatment Hotline

(800) 822-7422
10:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

ALCOHOL ABUSE

See also Drug Abuse

AdCARE Hospital Helpline

(800) 252-6465

Al-Anon Family Group Headquarters

(888) 4AL-ANON (425-2666)
8:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Alcohol and Drug Helpline

(800) 821-4357
24 hours a day, 7 days a week, 365 days a year

American Council on Alcoholism

(800) 527-5344
10:00 a.m.–6:00 p.m., Monday–Friday; 12:00 p.m.–6:00 p.m., Saturday (Mountain time)

Calix Society

(800) 398-0524
9:00 a.m.–4:00 p.m., Monday–Friday
(Central time)

National Council on Alcoholism and Drug Dependence, Inc.

(800) NCA-CALL (622-2255)

SAMHSA's Health Information Network

(877) 767-4727

ALLERGY/ASTHMA

See also LUNG DISEASE/ASTHMA/ ALLERGY

America Academy of Allergy, Asthma and Immunology

(800) 822-2762

Asthma and Allergy Foundation of America

(800) 7-ASTHMA (727-8462)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Food Allergy and Anaphylaxis Network

(800) 929-4040
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)
8:30 a.m.–4:30 p.m., Monday–Friday
(Central time)

ALZHEIMER'S DISEASE

See also AGING

Alzheimer's Association Helpline

(800) 272-3900
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Alzheimer's Disease Education and Referral Center

(800) 438-4380
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

ARTHRITIS

Arthritis Foundation

(800) 283-7800

Arthritis National Research Foundation

(800) 588-2873
8:00 a.m.–4:00 p.m., Monday–Friday
(Pacific time)

Lyme Disease Foundation, Inc.

(800) 886-5963

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

AUDIOVISUALS

See LIBRARY SERVICES

AUTISM

See CHILD DEVELOPMENT/PARENTING

AUTOIMMUNE DISEASES

American Autoimmune Related Diseases Association, Inc.

(800) 598-4668

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

BEHÇET'S DISEASE

See RARE DISEASE/DISORDERS

BLINDNESS

See VISION

BONE DISEASE

National Osteoporosis Foundation

(800) 231-4222
8:30 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

NIH Osteoporosis and Related Bone Diseases~National Resource Center

(800) 624-2663
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

BONE MARROW

See also CANCER

Aplastic Anemia and MDS International Foundation, Inc.

(800) 747-2820
8:30 a.m.–4:30 p.m., Monday–Friday
(Eastern time)

National Bone Marrow Transplant Link

(800) LINK-BMT (546-5268)
8:30 a.m.–4:30 p.m., Monday–Friday
(Eastern time)

National Marrow Donor Program®

(800) MARROW-2 (627-7692)
8:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

BRAIN TUMORS

American Brain Tumor Association

(800) 886-2282
8:30 a.m.–5:00 p.m., Monday–Friday
(Central time)

Brain Tumor Society

(800) 770-TBTS (770-8287)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Children's Brain Tumor Foundation

(866) 228-HOPE (228-4673)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Brain Tumor Society

(800) 934-2873 (Patient Services)
9:00 a.m.–5:00 p.m., Monday–Friday
(Pacific time)

CANCER

American Cancer Society

(800) 227-2345 (Voice/TDD/TTY)

American Institute for Cancer Research

(800) 843-8114
8:30 a.m.–9:30 p.m., Monday–Thursday; 8:30 a.m.–6:00 p.m., Friday (Eastern time)

Breast Cancer Network of Strength

(800) 221-2141 (English)
(800) 986-9505 (Spanish)

CancerCare, Inc.

(800) 813-4673

Cancer Hope Network

(877) HOPENET (467-3638)
8:00 a.m.–5:30 p.m., Monday–Friday
(Eastern time)

Candlelighters Childhood Cancer Foundation

(800) 366-2223
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Kidney Cancer Association

(800) 850-9132
9:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

National Bone Marrow Transplant Link

(800) LINK-BMT (546-5268)
8:30 a.m.–4:30 p.m., Monday–Friday
(Eastern time)

National Cancer Institute's Cancer Information Service

(800) 4-CANCER (422-6237)
(800) 332-8615 (TTY)
9:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Marrow Donor Program®

(800) MARROW-2 (627-7692)
8:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

Support for People with Head and Neck Cancer

(800) 377-0928

Susan G. Komen for the Cure

(877) 465-6636
9:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

Us TOO International Prostate Cancer Eduction and Support Network

(800) 808-7866
9:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

Zero – The Project to End Prostate Cancer

(888) 245-9455

CEREBRAL PALSY

See RARE DISORDERS

CHEMICAL PRODUCTS/ PESTICIDES

See also HOUSING

National Pesticide Information Center

(800) 858-7378 (TDD capability)
6:30 a.m.–4:30 p.m., 7 days a week
(Pacific time)

CHILD ABUSE/MISSING CHILDREN/CHILDREN'S MENTAL HEALTH

Child Find of America, Inc.

(800) I-AM-LOST (426-5678)
(800) A-WAY-OUT (292-9688)
(Parental abduction)
9:00 a.m.–4:00 p.m., Monday–Friday
(Eastern time)

Childhelp®

National Child Abuse Hotline
(800) 4-A-CHILD (422-4453)

Child Welfare Information Gateway

(800) 394-3366
8:00 a.m.–5:30 p.m., Monday–Friday
(Eastern time)

Covenant House Nineline

(800) 999-9999

Girls & Boys Town National Hotline

(800) 448-3000
(800) 448-1833 (TDD)
Spanish-speaking operators are available.

National Center for Missing & Exploited Children®

(800) THE-LOST (843-5678)
(800) 826-7653 (TTY)

National Institute of Mental Health Resource Information Center

(866) 615-6464
(866) 415-8051 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Runaway Switchboard

(800) RUNAWAY (786-2929)
(800) 621-0394 (TDD)
Has access to AT&T Language Line

CHILD CARE

National Child Care Information and Technical Assistance Center

(800) 616-2242
(800) 716-2242 (Fax)
(800) 516- 2242 (TTY)
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

CHILD DEVELOPMENT/ PARENTING

Back to Sleep SIDS Information Campaign

Eunice Kennedy Shriver National Institute of Child Health and Human Development
(800) 505-CRIB (505-2742)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Eunice Kennedy Shriver National Institute of Child Health and Human Development Information Resource Center

(800) 370-2943
(888) 320-6942 (TTY)
(866) 760-5947 (Fax)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Human Growth Foundation

(800) 451-6434
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

MAGIC Foundation for Children's Growth

(800) 362-4423
9:00 a.m.–4:00 p.m., Monday–Friday (Central time)

National Association for the Education of Young Children

(800) 424-2460
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Lekotek Center

(800) 366-7529
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

National Organization on Fetal Alcohol Syndrome

(800) 66-NOFAS (666-6327)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Starlight Children's Foundation

(800) 274-7827
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Zero to Three: National Center for Infants, Toddlers and Families

(800) 899-4301
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

CHRONIC FATIGUE SYNDROME

See RARE DISORDERS

CHRONIC PAIN

American Chronic Pain Association

(800) 533-3231

American Pain Foundation

(888) 615-7246

CLINICAL TRIALS

CenterWatch Clinical Trials Listing Service

(866) 219-3440

National Institutes of Health Clinical Center

(800) 411-1222 (Patient Recruitment)

CRISIS INTERVENTION

All operate 24 hours/7 days a week.

A–WAY–OUT

(800) 292–9688

Provides unique crisis mediation program for parents contemplating abduction of their children, or who have already abducted their children and want to use Child Find Volunteer Family Mediators to resolve their custody dispute.

Childhelp®

National Child Abuse Hotline
(800) 4-A-CHILD (422-4453)

Provides multilingual crisis intervention on child abuse and domestic violence issues. Gives referrals to local agencies offering counseling and other services related to child abuse, adult survivor issues, and domestic violence. Provides literature on child abuse in English and Spanish. Calls are anonymous, toll-free, and counselors are paid, degreed professionals.

Covenant House Nineline

(800) 999-9999

Crisis line for youth, teens, and families. Locally based referrals throughout the United States. Help for youth and parents regarding drugs, abuse, homelessness, runaway children, and message relays.

Girls & Boys Town National Hotline

(800) 448-3000
(800) 448-1833 (TDD)

Provides short-term intervention and counseling and refers callers to local community resources. Counsels on parent-child conflicts, family issues, suicide, pregnancy, runaway youth, physical and sexual abuse, and other issues that impact children and families. Spanish-speaking operators are available.

National Center for Missing & Exploited Children®

(800) THE-LOST (843-5678)
(800) 826-7653 (TTY)

The National Center for Missing & Exploited Children's® mission is to help prevent child abduction and sexual exploitation; help find missing children; and assist victims of child abduction and sexual exploitation, their families, and the professionals who serve them.

National Runaway Switchboard

(800) RUNAWAY (786-2929)
(800) 621-0394 (TDD)

Provides crisis intervention and travel assistance information to runaways. Gives referrals to shelters nationwide. Also relays messages to, or sets up conference calls with, parents at the request of the child. Has access to AT&T Language Line.

National Suicide Prevention Lifeline

(800) 273-TALK (273-8255)
(800) 799-4TTY (799-4889) (TTY)
(888) 628-9454 (Spanish)

The National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service that routes calls from anywhere in the country to the nearest available certified crisis center where trained crisis counselors talk to callers and can link them to local services.

Rape, Abuse, and Incest National Network

(800) 656-4673

Connects caller to the nearest counseling center that provides counseling for rape, abuse, and incest victims.

CYSTIC FIBROSIS

See RARE DISORDERS

DENTAL/ORAL HEALTH

Academy of General Dentistry

(888) 243-3368
(877) 292-9327 (Referral Line)

American Association of Orthodontists

(800) 424-2841

American Dental Association

(800) 947-4746 (Catalog Sales and Service)
8:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

CDC Division of Oral Health

Centers for Disease Control and Prevention
(800) 232-4636
(888) 232-6348 (TTY)

National Oral Health Information Clearinghouse

National Institute of Dental and Craniofacial Research
(866) 232-4528
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

DIABETES/DIGESTIVE DISEASES

American Association of Diabetes Educators

(800) 338-3633
8:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

American Diabetes Association

(800) 342-2383
(800) ADA-ORDER (232-6733)
(Fax, Order Fulfillment)
8:30 a.m.–8:00 p.m., Monday–Friday
(Eastern time)

Crohn's and Colitis Foundation of America, Inc.

(800) 932-2423
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Juvenile Diabetes Research Foundation

(800) 533-CURE (533-2873)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Diabetes Information Clearinghouse

(800) 860-8747
(866) 569-1162 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Digestive Diseases Information Clearinghouse

(800) 891-5389
(866) 569-1162 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

DISABLING CONDITIONS/ DISABILITIES ACCESS

Americans with Disabilities Act Information Line

(800) 514-0301
(800) 514-0383 (TTY)
9:30 a.m.–5:30 p.m., Monday–Wednesday and Friday;
12:30 p.m.–5:30 p.m., Thursday, except Federal holidays (Eastern time)
Spanish-speaking operators are available.

Amputee Coalition of America

National Limb Loss Information Center
(888) AMP-KNOW (267-5669)
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Children's Craniofacial Association

(800) 535-3643
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Cleft Palate Foundation

(800) 242-5338

DBTAC: Mid-Atlantic Americans with Disabilities Act Center

(800) 949-4232 (Voice/TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Easter Seals

(800) 221-6827
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

FACES: The National Craniofacial Association

(800) 332-2373
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Families of Spinal Muscular Atrophy

(800) 886-1762
7:00 a.m.–3:00 p.m., Monday–Friday (Central time)

Job Accommodation Network

(800) ADA-WORK (232-9675)
(800) 526-7234
(877) 781-9403 (TTY)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)
Services available in English, Spanish, and French.

National Center on Birth Defects and Developmental Disabilities

Centers for Disease Control and Prevention
(800) 232-4636
(800) 232-6348 (TTY)

National Dissemination Center for Children with Disabilities

(800) 695-0285 (Voice/TTY)
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Rehabilitation Information Center

(800) 346-2742
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Scoliosis Association

(800) 800-0669
1:00 p.m.–5:30 p.m., Monday–Friday (Eastern time)

DOWN SYNDROME

See RARE DISORDERS

DRINKING WATER SAFETY

Safe Drinking Water Hotline

(800) 426-4791 (English/Spanish)
8:30 a.m.–5:45 p.m., Monday–Thursday,
8:30 a.m.–4:45 p.m., Friday.

DRUG ABUSE

See also ALCOHOL ABUSE and SUBSTANCE ABUSE

Drug-Free Workplace Helpline

(800) 967-5752
9:00 a.m.–5:30 p.m., Monday–Friday
(Eastern time)

Drug Help

(800) 488-DRUG (488-3784)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Drug Policy Information Clearinghouse

White House Office of National Drug Control Policy
(800) 666-3332
10:00 a.m.–6:00 p.m., Monday–Friday
(Eastern time)

Housing and Urban Development Drug Information and Strategy Clearinghouse

(800) 955-2232
8:00 a.m.–8:00 p.m., Monday–Friday
(Eastern time)

Pride Surveys

(800) 279-6361
8:30 a.m.–4:00 p.m., Monday–Friday
(Central time)

PRIDE Youth Programs

(800) 668-9277
8:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

SAMHSA's Health Information Network

(877) 767-4727

DWARFISM

Human Growth Foundation

(800) 451-6434
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

DYSLEXIA

See LEARNING DISORDERS

EATING DISORDERS

National Eating Disorders Association

(800) 931-2237 (Helpline)

ENDOMETRIOSIS

See WOMEN

ENVIRONMENT

Environmental Justice Information Line

U.S. Environmental Protection Agency
(800) 962-6215 (English/Spanish)
8:00 a.m.–5:30 p.m., Monday–Friday
(Eastern time)

Indoor Air Quality Information Clearinghouse

(800) 438-4318

EPILEPSY

See RARE DISORDERS

ESSENTIAL TREMOR

International Essential Tremor Foundation

(888) 387-3667
8:00 a.m.–4:30 p.m., Monday–Friday
(Central time)

ETHICS

Joseph and Rose Kennedy Institute of Ethics

National Reference Center for Bioethics Literature
(800) 633-3849
9:00 a.m.–5:00 p.m., Monday, Wednesday, Thursday, Friday (academic year only); 9:00 a.m.–9:00 p.m., Tuesday; 12:00 noon.–5:00 p.m., Saturday, except summers and holidays. 9:00 a.m.–5:00 p.m. during the summer.

FIRE PREVENTION

National Fire Protection Association

(800) 344-3555 (Customer Service)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

FITNESS

Aerobics and Fitness Foundation of America

(800) 968-7263 (Consumer Hotline)
(800) 446-2322 (For Professionals)
6:30 a.m.–6:00 p.m., Monday–Friday (Pacific time)

American Council on Exercise

(800) 825-3636
7:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

American Running Association

(800) 776-2732
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Shaping America's Youth®

(800) SAY-9221 (729-9221)

TOPS (Taking Off Pounds Sensibly) Club, Inc.

(800) 932-8677
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

Weight Control Information Network

National Institute of Diabetes and Digestive and Kidney Diseases
(877) 946-4627
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

YMCA of the USA

(800) 872-9622
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

FOOD SAFETY

Center for Food Safety and Applied Nutrition, FDA

(888) SAFEFOOD (723-3366)
10:00 a.m.–4:00 p.m., Monday–Friday, exept Federal holidays (Eastern time)

U.S. Department of Agriculture Meat and Poultry Hotline

(888) MPHotline (674-6854)
(800) 256-7072 (TTY)
10:00 a.m.–4:00 p.m., Monday–Friday; 8:00 a.m.-2:00 p.m. on Thanksgiving (Eastern time)

U.S. Fish & Wildlife Service

(800) 344-WILD (344-9453)
8:00 a.m.–8:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

GAY, LESBIAN, BISEXUAL, TRANSGENDER HEALTH

Gay, Lesbian, Bisexual, and Transgender Helpline

(888) 340-4528
6:00 p.m.–11:00 p.m., 7 days a week (Eastern time)

Gay, Lesbian, Bisexual, and Transgender National Hotline

(888) 843-4564
4:00 p.m.–12:00 a.m., Monday–Friday;
12:00 p.m.–5:00 p.m., Saturday (Eastern time)

Lambda Legal Defense and Education Fund

(866) 542-8336 (Foster Care Helpline)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Center for Lesbian Rights

(800) 528-6257 (Youth Legal Information Line)
9:00 a.m.–5:00 p.m., Monday–Friday
(Pacific time)

Peer Listening Line

(800) 399-7337
5:30 p.m.–10:00 p.m., 7 days a week
(Eastern time)

Trevor Helpline

(866) 4-U-TREVOR (488-7386)

GENERAL HEALTH

Agency for Healthcare Research and Quality Clearinghouse

(800) 358-9295
8:30 a.m.–5:00 p.m., Monday–Friday, except
Federal holidays (Eastern time)

American Academy of Family Physicians

(800) 274-2237

American Chiropractic Association

(800) 986-4636
8:30 a.m.–5:30 p.m., Monday–Friday
(Eastern time)

American Osteopathic Association

(800) 621-1773
8:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

American Podiatric Medical Association, Inc.

(800) ASK-APMA (275-2762)

Angel Flight Mid-Atlantic

(800) 296-3797
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Health Resources and Services Administration Information Center

(888) ASK-HRSA (275-4772)
(877) 4TY-HRSA (489-4772) (TTY/TDD)
8:30 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

MedicAlert® Foundation International

(800) ID ALERT (432-5378)

National Center for Chronic Disease Prevention and Health Promotion

Centers for Disease Control and Prevention
(800) 232-4636

National Center for Complementary and Alternative Medicine Clearinghouse

(888) 644-6226
(866) 464-3615 (TTY)
(866) 464-3616 (Fax)
8:30 a.m.–5:00 p.m., Monday–Friday, except
Federal holidays (Eastern time)

National Center for Health Statistics

Centers for Disease Control and Prevention
(800) 232-4636

National Health Information Center

(800) 336-4797
9:00 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Health Service Corps

(800) 221-9393 Scholarships/Loan Repayment & Job Opportunities in Underserved Areas
(877) 897-9910 (TTY)
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Hispanic Family Health Helpline

(866) SU-FAMILIA (783-2645)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Injury Information Clearinghouse

(800) 638-2772 (Consumer Hotline)
(800) 638-8270 (TTY)

National Patient Travel Helpline

(800) 296-1217
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

U.S. Food and Drug Administration

(800) 332-1088 (MedWatch)
(888) 463-6332 (Consumer Inquiries)

Well Spouse Association

(800) 838-0879
10:00 a.m.–3:00 p.m., Monday–Friday (Eastern time)

GENETIC DISEASES

Genetic Alliance

(800) 336-4363
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Genetic and Rare Diseases Information Center

(888) 205-2311
(888) 205-3223 (TTY)
12:00 p.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

March of Dimes

(888) 663-4637
(800) 925-1855 (Spanish)

National Hematologic Diseases Information Service

(888) 828-0877

HEADACHE/HEAD INJURY

National Brain Injury Information Center

(800) 444-6443
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Headache Foundation

(888) 643-5552
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

HEALTHY WEIGHT/ WEIGHT LOSS

Shaping America's Youth®

(800) SAY-9221 (729-9221)

TOPS (Taking Off Pounds Sensibly) Club, Inc.

(800) 932-8677
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

Weight Control Information Network

National Institute of Diabetes and Digestive and Kidney Diseases
(877) 946-4627
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

HEARING AND SPEECH

American Society for Deaf Children

(800) 942-ASDC (942-2732)

American Speech-Language-Hearing Association

(800) 638-8255
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Dial A Hearing Screening Test (Occupational Hearing Services)

(800) 222-3277 (Voice/TTY)
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Hear Now

(800) 648-4327 (Voice/TDD)
8:00 a.m.–4:00 p.m., Monday–Friday (Mountain time)

International Hearing Society

(800) 521-5247
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

John Tracy Clinic

(800) 522-4582 (Voice/TDD)
8:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

National Consortium on Deaf-Blindness

(800) 438-9376
(800) 854-7013 (TTY)
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Family Association for Deaf-Blind

(800) 255-0411 (Voice/TTY)
8:45 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Institute on Deafness and Other Communication Disorders Information Clearinghouse

(800) 241-1044
(800) 241-1055 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Vestibular Disorders Association

(800) 837-8428
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

HEART DISEASE

American Heart Association

(800) 242-8721
24 hours a day, 7 days a week, 365 days a year

Heart Information Center

(800) 292-2221 (English/Spanish)
8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

National Heart, Lung, and Blood Institute Health Information Line

(800) 575-9355 (Recorded High Blood Pressure and Cholesterol Information)

HISTIOCYTOSIS

See RARE DISORDERS

HORMONAL DISORDERS

American Thyroid Association

(800) 849-7643

Hormone Foundation

(800) HORMONE (467-6663)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Endocrine and Metabolic Diseases Information Service

(888) 828-0904
(866) 569-1162 (TTY)

HOSPITAL/HOSPICE CARE

Caring Connections

(A program of the National Hospice and Palliative Care Organization)
(800) 658-8898 Helpline
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Children's Hospice International

(800) 242-4453
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Hill-Burton Medical Care Program

(800) 638-0742
(800) 492-0359 (Maryland)

National Association of Hospital Hospitality Houses, Inc.

(800) 542-9730
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Shriners Hospital for Children Referral Line

(800) 237-5055
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

HOUSING

See also CHEMICAL PRODUCTS/ PESTICIDES and LEAD

HUD USER

(800) 245-2691
(800) 927-7589 (TDD)
8:30 a.m.–5:15 p.m., Monday–Friday, except Federal holidays (Eastern time)

Public and Indian Housing Information and Resource Center

(800) 955-2232
9:00 a.m.–5:00 p.m., Monday-Friday (Eastern time)

HUNTINGTON'S DISEASE

See RARE DISORDERS

IMMUNIZATION

National Center for Immunization and Respiratory Diseases

Centers for Disease Control and Prevention
(800) CDC-INFO (232-4636)
(English/Spanish)
(800) 232-6348 (TTY)

IMPOTENCE

American Urological Association Foundation, Inc.

(866) RING-AUA (746-4282)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

INFECTIOUS DISEASES & INFLUENZA (FLU)

American Lung Association

(800) 586-4872

Centers for Disease Control and Prevention

(800) 232-4636
(800) 232-6348 (TTY)

National Institute of Allergy and Infectious Diseases

(866) 284-4107
(800) 877-8339 (TDD)

INSURANCE/MEDICARE/ MEDICAID

Centers for Medicare & Medicaid Services

(877) 267-2323 (Headquarters)
(800) 633-4227 (Medicare Service Center)
(866) 226-1819 (Headquarters TTY)
(877) 486-2048 (Medicare Service Center TTY)

DHHS Office of Inspector General

(800) 447-8477 (Hotline)
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Insure Kids Now Hotline

Health Resources and Services Administration
(877) 543-7669
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Pension Benefit Guaranty Corporation

(800) 400-PBGC (400-7242)
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Social Security Administration

(800) 772-1213
(800) 325-0778 (TTY)
7:00 a.m.–7:00 p.m., Monday–Friday (Eastern time)

JUSTICE

National Criminal Justice Reference Service

(800) 851-3420
(877) 712-9279 (TTY)
10:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

KIDNEY DISEASE

See UROLOGICAL DISORDERS

LEAD

See also HOUSING

National Lead Information Center

(800) 424-5323
8:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

LEARNING DISORDERS

Children and Adults with Attention Deficit/Hyperactivity Disorders

(800) 233-4050 (English/Spanish)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

International Dyslexia Association

(800) ABCD123 (222-3123)

LIBRARY SERVICES

Captioned Media Program, National Association for the Deaf

(800) 237-6213
(800) 237-6819 (TTY)
(800) 538-5636 (Fax)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Library of Medicine

National Institutes of Health
(888) 346-3656
(800) 735-2258 (TDD)
8:30 a.m.–5:00 p.m., Monday–Friday; 8:30 a.m.–2:00 p.m., Saturday, except Federal holidays (Eastern time)

National Library Service for the Blind and Physically Handicapped

(800) 424-8567
8:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

Recording for the Blind and Dyslexic

(800) 221-4792
8:30 a.m.–4:45 p.m., Monday–Friday (Eastern time)

LIVER DISEASES

American Liver Foundation

(800) GO-LIVER (465-4837)
8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

Hepatitis Foundation International

(800) 891-0707
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

LUNG DISEASE/ASTHMA/ ALLERGY

American Lung Association

(800) LUNG-USA (586-4872)
7:00 a.m.–9:00 p.m., Monday–Friday (Central time)

Asthma and Allergy Foundation of America

(800) 7-ASTHMA (727-8462)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

MATERNAL AND CHILD HEALTH

Eunice Kennedy Shriver National Institute of Child Health and Human Development Information Resource Center

(800) 370-2943
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

La Leche League International

(800) La Leche (525-3243)
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

National Prenatal Helpline

(800) 311-2229
(800) 504-7081 (Spanish)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Life Center/Pregnancy Hotline

(800) 848-5683

Zero to Three: National Center for Infants, Toddlers and Families

(800) 899-4301
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

MEDICARE/MEDICAID

See INSURANCE/MEDICARE/MEDICAID

MENTAL HEALTH

See also CHILD ABUSE/MISSING CHILDREN/CHILDREN'S MENTAL HEALTH

Mental Health America Resource Center

(800) 969-6642
(800) 433-5959 (TTY)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Alliance on Mental Illness

(800) 950-6264 Helpline
10:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Council on Problem Gambling

(800) 522-4700
9:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Gaucher Foundation

(800) 504-3189
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Institute of Mental Health Resource Information Center

(866) 615-6464
(866) 415-8051 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

SAMHSA's National Mental Health Information Center

(800) 789-2647
(866) 889-2647 (TDD)
8:00 a.m.–12:00 a.m., Monday–Friday, except Federal holidays (Eastern time)

The ARC of the United States

(800) 433-5255
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

MINORITY HEALTH

National Hispanic Family Health Helpline

(800) 311-2229
(866) SU-FAMILIA (783-2645)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Prenatal Helpline

(800) 311-2229
(800) 504-7081 (Spanish)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Office of Minority Health Resource Center

(800) 444-6472
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

NUTRITION

American Institute for Cancer Research

(800) 843-8114
8:30 a.m.–9:30 p.m., Monday–Thursday;
8:30 a.m.–6:00 p.m., Friday (Eastern time)

Center for Food Safety and Applied Nutrition

U.S. Food and Drug Administration
(888) 723-3366 (Seafood line)

National Dairy Council

(800) 426-8271
(800) 974-6455 (Fax)
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Shaping America's Youth®

(800) SAY-9221 (729-9221)

ORGAN DONATION

See also VISION and UROLOGICAL DISORDERS

Living Bank

(800) 528-2971
7:30 a.m.–4:30 p.m., Monday–Friday
(Central time)

National Marrow Donor Program®

(800) MARROW-2 (627-7692)
8:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

United Network for Organ Sharing

(888) TXINFO1 (894-6361)
8:00 a.m.–6:00 p.m., Monday–Friday
(Eastern time)

ORPHAN PRODUCTS

Office of Orphan Products Development

U.S. Food and Drug Administration
(800) 300-7469
8:30 a.m.–4:30 p.m., Monday–Friday
(Eastern time)

PAIN

American Chronic Pain Association

(800) 533-3231

American Pain Foundation

(888) 615-7246

PARALYSIS AND SPINAL CORD INJURY

See also STROKE

Christopher and Dana Reeve Foundation

(800) 225-0292
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Rehabilitation Information Center

(800) 346-2742
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Spinal Cord Injury Association

(800) 962-9629
8:30 a.m.–5:30 p.m., Monday–Friday
(Eastern time)

Paralyzed Veterans of America

(800) 424-8200
(800) 795-4327 (TTY)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

PARKINSON'S DISEASE

American Parkinson Disease Association

(800) 223-2732
8:30 a.m.–4:30 p.m., Monday–Friday
(Eastern time)

National Parkinson Foundation, Inc.

(800) 327-4545
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Parkinson's Disease Foundation

(800) 457-6676
9:00 a.m.–5:00 p.m., Monday-Friday
(Eastern time)

PESTICIDES

See CHEMICAL PRODUCTS/PESTICIDES

POISON CONTROL

Poison Help Hotline

(800) 222-1222

PRACTITIONER REPORTING

Institute for Safe Medication Practices

(800) 324-5723

PREGNANCY/MISCARRIAGE

Bradley Method of Natural Childbirth

(800) 422-4784
9:00 a.m.–5:00 p.m., Monday–Friday
(Pacific time)

DES Action USA

(800) DES-9288 (337-9288)
9:00 a.m.–3:00 p.m., Monday–Friday
(Pacific time)

International Childbirth Education Association

(800) 624-4934 (Book Center orders)
8:30 a.m.–4:00 p.m., Monday–Friday
(Central time)

Lamaze International

(800) 368-4404
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Liberty Godparent Home

(800) 542-4453

National Abortion Federation

(800) 772-9100
8:00 a.m.–9:00 p.m., Monday–Friday;
9:00 a.m.–5:00 p.m., Saturday–Sunday
(Eastern time)

National Prenatal Helpline

(800) 311-2229
(800) 504-7081 (Spanish)
9:00 a.m.–6:00 p.m., Monday–Friday
(Eastern time)

PROFESSIONALS

AboutFace International

(800) 665-3223

Academy of General Dentistry

(888) 243-3368
(877) 292-9327 (Referral Line)

Academy of Laser Dentistry

(877) 527-3776

Alliance for Aging Research

(800) 639-2421
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

American Academy of Cosmetic Dentistry

(800) 543-9220

American Academy of Family Physicians

(800) 274-2237

American Academy of Oral and Maxillofacial Pathology

(888) 552-2667

American Alliance for Health, Physical Education, Recreation and Dance

(800) 213-7193
8:00 a.m.–4:30 p.m., Monday–Friday
(Eastern time)

American Association of Critical Care Nurses

(800) 899-2226
7:30 a.m.–4:30 p.m., Monday–Friday
(Pacific time)

American Association of Endodontists

(800) 872-3636

American Academy of Oral and Maxillofacial Surgeons

(800) 822-6637

American Association of Women Dentists

(800) 920-2293

American Chronic Pain Association

(800) 533-3231

2010 Toll-Free Numbers for Health Information

American Council for the Blind

(800) 424-8666
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

American Counseling Association

(800) 347-6647
8:00 a.m.–4:30 p.m., Monday–Friday
(Eastern time)

American Dental Assistants Association

(877) 874-3785

American Nurses Association

(800) 274-4ANA (274-4262)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

American Orthodontic Society

(800) 448-1600

AmeriFace

(888) 486-1209

Arthritis National Research Foundation

(800) 588-2873
8:00 a.m.–4:00 p.m., Monday–Friday
(Pacific time)

Association for Applied Psychophysiology and Biofeedback

(800) 477-8892
8:00 a.m.–5:00 p.m., Monday–Friday
(Mountain time)

Association of periOperative Registered Nurses

(800) 755-2676
7:00 a.m.–4:30 p.m., Monday–Friday
(Mountain time)

CDC National Prevention Information Network

(800) 458-5231 (English/Spanish)
(800) 243-7012 (TTY)
(888) 282-7681 (Fax)
9:00 a.m.–8:00 p.m., Monday–Friday
(Eastern time)

College of American Pathologists

(800) 323-4040
8:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

DBTAC: Mid-Atlantic Americans with Disabilities Act Center

(800) 949-4232 (Voice/TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Dystonia Medical Research Foundation

(800) 377-3978
8:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

Federal Emergency Management Agency

(800) 621-FEMA (621-3362)
(800) 462-7585 (TDD)
(800) 827-8112 (Fax)

Federal Information Center, GSA

(800) 688-9889
(800) 326-2996 (TTY)
9:00 a.m.–9:00 p.m., Monday–Friday
(Eastern time)

Glaucoma Research Foundation

(800) 826-6693
8:30 a.m.–5:00 p.m., Monday–Friday
(Pacific time)

Immune Deficiency Foundation

(800) 296-4433
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Indian Health Service Division of Oral Health

(800) 447-3368 (Dental Vacancies)

2010 Toll-Free Numbers for Health Information

International Childbirth Education Association

(800) 624-4934 (Book Center orders)
8:30 a.m.–4:00 p.m., Monday–Friday
(Central time)

International Chiropractors Association

(800) 423-4690
9:00 a.m.–5:30 p.m., Monday–Friday
(Eastern time)

Leukemia & Lymphoma Society

(800) 955-4572
9:00 a.m.–6:00 p.m., Monday–Friday
(Eastern time)

Lighthouse International

(800) 829-0500
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Medical Institute for Sexual Health

(800) 892–9484 (publication orders only)
8:15 a.m.-5:00 p.m., Monday–Friday
(Central time)

National Child Care Information and Technical Assistance Center, ACF

(800) 616-2242
(800) 516-2242 (TTY)
(800) 716-2242 (Fax)
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Clearinghouse of Rehabilitation Training Materials

(866) 821-5355
8:00 a.m.–5:00 p.m., Monday–Friday
(Mountain time)

National Institute for Occupational Safety and Health Information Inquiry Service

(800) 232-4636
(888) 232-6348 (TTY)
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)
8:30 a.m.–4:30 p.m., Monday–Friday
(Central time)

National Resource Center on Domestic Violence

(800) 537-2238
(800) 553-2508 (TTY)
8:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Technical Information Service

(800) 553-6847
8:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Prevent Child Abuse America

(800) 244-5373

Research to Prevent Blindness

(800) 621-0026
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

School Nutrition Association

(800) 877-8822
8:30 a.m.–5:30 p.m., Monday–Friday
(Eastern time)

RARE DISEASES/DISORDERS*

** A rare disorder is defined as a disorder that affects less than 1 percent of the population at any given time.*

ALS Association (Amyotrophic Lateral Sclerosis, Lou Gehrig's Disease)

(800) 782-4747
7:30 a.m.–4:00 p.m., Monday–Friday
(Pacific time)

American Behcet's Disease Association

(800) 723-4238

American Cleft Palate-Craniofacial Association/Cleft Palate Foundation

(800) 242-5338 (Parent Hotline Only)
8:30 a.m.–5:30 p.m., Monday–Friday
(Eastern time)

American Leprosy Missions (Hansen's Disease)

(800) 543-3135
8:00 a.m.–5:00 p.m., Monday–Thursday;
8:00 a.m.–12:00 p.m., Friday (Eastern time)

American SIDS Institute

(800) 232-7437
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Batten Disease Support and Research Association

(800) 448-4570
8:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Charcot-Marie-Tooth Association

(800) 606-2682
9:00 a.m.–5:00 p.m., Monday–Friday

Children's Tumor Foundation

(800) 323-7938
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Cooley's Anemia Foundation

(800) 522-7222
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Cornelia de Lange Syndrome Foundation, Inc.

(800) 223-8355
(800) 753-2357 (U.S.)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Cystic Fibrosis Foundation

(800) 344-4823
8:00 a.m.–6:00 p.m., Monday–Friday
(Eastern time)

Epilepsy Foundation

(800) 332-1000
(800) 332-4050 (National Epilepsy Library)
(866) 330-2718 (Publications)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Epilepsy Information Service

(800) 642-0500 (voice mail after hours)
8:00 a.m.–5:00 p.m.

Fibromyalgia Network

(800) 853-2929
9:00 a.m.–5:00 p.m., Monday-Thursday
(Mountain time)

First Candle/SIDS Alliance

(800) 221-7437

FM Resource Center

(866) 725-4404
(866) 666-2727 (Fax)

Genetic Alliance

(800) 336-4363
9:00 a.m.–5:30 p.m., Monday–Friday
(Eastern time)

2010 Toll-Free Numbers for Health Information

Genetic and Rare Diseases Information Center

(888) 205-2311
(888) 205-3223 (TTY)
12:00 p.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Histiocytosis Association of America

(800) 548-2758
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Huntington's Disease Society of America, Inc.

(800) 345-4372
9:00 a.m.–9:00 p.m., Monday–Friday (Eastern time)

International Rett Syndrome Association

(800) 818-7388
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd.

(888) ALS-1107 (257-1107)
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

Lupus Foundation of America, Inc.

(800) 558-0121
(800) 558-0231 (Spanish)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

March of Dimes

(888) 663-4637
(800) 925-1855 (Spanish)

Multiple Sclerosis Association of America

(800) 532-7667 (National Headquarters)
8:30 a.m.–8:00 p.m., Monday–Thursday; 8:30 a.m.–5:00 p.m., Friday (Eastern time)

Multiple Sclerosis Foundation

(888) 673-6287
8:30 a.m.–7:00 p.m., Monday–Friday (Eastern time)

Muscular Dystrophy Association

(800) 572-1717
9:00 a.m.–5:00 p.m., Monday–Friday (Mountain time)

Myasthenia Gravis Foundation

(800) 541-5454
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

National Down Syndrome Congress

(800) 232-6372
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Down Syndrome Society Hotline

(800) 221-4602
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Fibromyalgia Partnership

(866) 725-4404

National Fragile X Foundation

(800) 688-8765
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

National Hansen's Disease Programs

(800) 642-2477
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

National Hemophilia Foundation

(800) 42-HANDI (424-2634)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)
Summer: 9:00 a.m.–5:00 p.m., Monday–Thursday,
9:00 a.m.–3:00 p.m., Friday (Eastern time)

2010 Toll-Free Numbers for Health Information

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Institute of Neurological Disorders and Stroke

(800) 352-9424
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Jewish Medical and Research Center

(800) LUNG-LINE (222-5864)
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

National Lymphedema Network

(800) 541-3259
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

National Marfan Foundation

(800) 8-MARFAN (862-7326)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Multiple Sclerosis Society

(800) 344-4867
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Organization for Albinism and Hypopigmentation

(800) 473-2310
(800) 648-2310 (Fax)

National Organization for Rare Disorders

(800) 999-6673
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Reye's Syndrome Foundation

(800) 233-7393
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Sudden and Unexpected Infant/Child Death & Pregnancy Loss Resource Center

(866) 866-7437
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Spasmodic Torticollis Association

(800) 487-8385
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Neurofibromatosis, Inc.

(800) 942-6825 (Hotline)

Osteogenesis Imperfecta Foundation, Inc.

(800) 981-2663
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Paget's Foundation

(800) 237-2438
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Prader-Willi Syndrome Association

(800) 926-4797
9:00 a.m.–7:00 p.m., Monday–Friday (Eastern time)

Restless Legs Syndrome Foundation

(877) 463-6757
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Scleroderma Foundation

(800) 722-4673 (Helpline)
8:30 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Sickle Cell Disease Association of America, Inc.

(800) 421-8453
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Sjögren's Syndrome Foundation, Inc.

(800) 475-6473
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Spina Bifida Association

(800) 621-3141
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Spondylitis Association of America

(800) 777-8189
8:30 a.m.–5:00 p.m., Monday–Friday
(Pacific time)

Sturge-Weber Foundation

(800) 627-5482
8:00 a.m.–3:00 p.m., Monday–Friday
(Eastern time)

Support for People with Head and Neck Cancer

(800) 372-0928

Support Organization for Trisomy 18, 13 and Related Disorders

(800) 716-SOFT (716-7638)

Tourette Syndrome Association, Inc.

(888) 486-8738
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Trigeminal Neuralgia Association

(800) 923-3608

Tuberous Sclerosis Alliance

(800) 225-6872
8:30 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Turner Syndrome Society of the United States

(800) 365-9944
8:30 a.m.–4:30 p.m., Monday–Friday
(Central time)

United Cerebral Palsy Association

(800) 872-5827
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

United Leukodystrophy Foundation

(800) 728-5483
8:30 a.m.–8:00 p.m., 7 days a week
(Central time)

Vasculitis Foundation

(800) 277-9474
8:30 a.m.–5:00 p.m., Monday–Friday
(Central time)

Wilson's Disease Association

(888) 264-1450 (voice mail)
9:00 a.m. – 4:00 p.m., Monday–Friday
(Eastern time)

REDUCED-COST HEALTH CARE SERVICES

Hill-Burton Medical Care Program

(800) 638-0742
(800) 492-0359 (Maryland)

Health Resources and Services Administration Information Center

(888) 275-4772
(877) 489-4772 (TTY)

REHABILITATION

See also DISABLING CONDITIONS and PARALYSIS AND SPINAL CORD INJURY

ABLEDATA

(800) 227-0216
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

Amputee Coalition of America

National Limb Loss Information Center
(888) AMP-KNOW (267-5669)
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Institute for Rehabilitation Engineering

(800) 736-2216
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Rehabilitation Information Center

(800) 346-2742
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Phoenix Society for Burn Survivors

(800) 888-2876
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

RESTLESS LEGS SYNDROME

See RARE DISORDERS

SAFETY

See also CHEMICAL PRODUCTS/ PESTICIDES

National Institute for Occupational Safety and Health Information Inquiry Service

(800) 356-4674
(888) 232-6348 (TTY)
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Program for Playground Safety

(800) 554-PLAY (554-7529)
9:00 a.m.–4:00 p.m., Monday–Friday (Central time)

National Safety Council

(800) 621-7619
(800) 767-7236 (National Radon Hotline)
8:30 a.m.–4:45 p.m., Monday–Friday (Central time)

Safe Sitter

(800) 255-4089
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

U.S. Consumer Product Safety Commission Hotline

(800) 638-2772
(800) 638-8270 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Vehicle Safety Hotline

National Highway Traffic Safety Administration
(888) 327-4236
(800) 424-9153 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

SEXUAL EDUCATION

Medical Institute for Sexual Health

(800) 892-9484 (publication orders only)
8:15 a.m.–5:00 p.m., Monday–Friday (Central time)

Planned Parenthood Federation of America, Inc.

(800) 230-7526 (Recording)
(800) 669-0156 (Order line)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

SEXUALLY TRANSMITTED DISEASES

See also AIDS/HIV

American Social Health Association

(800) 227-8922
9:00 a.m.–6:00 p.m., Monday–Friday
(Eastern time)

CDC INFO

(800) CDC-INFO (232-4636)
(English/Spanish)
(888) 232-6348 (TTY)

CDC National Prevention Information Network

(800) 458-5231 (English/Spanish)
(888) 282-7681 (Fax)
9:00 a.m.–6:00 p.m., Monday–Friday
(Eastern time)

SKIN DISEASE

Foundation for Ichthyosis and Related Skin Types, Inc.

(800) 545-3286
9:00 a.m.–4:00 p.m., Monday–Friday
(Eastern time)

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Psoriasis Foundation

(800) 723-9166
8:00 a.m.–5:00 p.m., Monday–Friday
(Pacific time)

SMOKING/SPIT TOBACCO

National Oral Health Information Clearinghouse

(866) 232-4528

Smoking Quitline of the National Cancer Institute

(877) 44U-QUIT (448-7848)
(800) 332-8615 (TTY)
9:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

Smoking, Tobacco and Health Information Line

Office on Smoking and Health, CDC
(800) 232-4636 (Recording)
(800) 784-8669 (QUIT NOW)
(888) 232-6348 (TTY)

SPINAL CORD INJURY

See PARALYSIS AND SPINAL CORD INJURY

STROKE

See also PARALYSIS AND SPINAL CORD INJURY

American Heart Association Stroke Connection

(888) 478-7653
24 hours a day, 7 days a week, 365 days a year

National Institute of Neurological Disorders and Stroke

(800) 352-9424
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Stroke Association

(800) STROKES (787-6537)
8:00 a.m.–4:30 p.m., Monday–Thursday,
8:00 a.m.–4:00 p.m., Friday (Eastern time)

STUTTERING

National Center for Stuttering

(800) 221-2483
10:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Stuttering Association

(800) We Stutter (937-8888)

Stuttering Foundation of America

(800) 992-9392
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

SUBSTANCE ABUSE

See also ALCOHOL ABUSE and DRUG ABUSE

National Inhalant Prevention Coalition

(800) 269-4237 (Recording)
8:00 a.m.–6:00 p.m., Monday–Friday (Central time)

SAMHSA's Health Information Network

(877) 767-4727

SUDDEN INFANT DEATH SYNDROME

See RARE DISORDERS

SUICIDE PREVENTION HOTLINES

National Suicide Prevention Lifetime

(800) 273-TALK (273-8255)
(800) 799-4TTY (779-4889) (TTY)
(888) 628-9454 (Spanish)

The National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service that routes calls from anywhere in the country to the nearest available certified crisis center where trained crisis counselors talk to callers and can link them to local services.

The Trevor Helpline

(866) 4-U-TREVOR (488-7386)

The Trevor Helpline is a national toll-free suicide prevention hotline aimed at gay and questioning youth. It's open 24 hours a day, 7days a week, 365 days a year. Teens with nowhere to turn can call and talk confidentially to trained counselors and find local resources.

SURGERY/FACIAL PLASTIC SURGERY

American Society of Plastic Surgeons, Inc.

(888) 475-2784 (Referral Service)

TRAUMA

American Trauma Society

(800) 556-7890
8:30 a.m.–4:00 p.m., Monday–Friday (Eastern time)

UROLOGICAL DISORDERS

American Association of Kidney Patients

(800) 749-2257
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

American Kidney Fund

(800) 638-8299
9:00 a.m.–5:00 p.m., Monday–Thursday; 9:00 a.m.–2:00 p.m., Friday (Eastern time)

American Urological Association

(866) RING-AUA (746-4282)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Health Care Services

National Kidney Foundation
(800) 622-9010
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Association for Continence

(800) 252-3337
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Kidney and Urologic Diseases Information Clearinghouse

(800) 891-5390
(866) 569-1162 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

PKD Foundation

(800) 753-2873
8:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

Simon Foundation for Continence

(800) 237-4666
9:00 a.m.–5:00 p.m., Monday–Friday
(Central time)

VENEREAL DISEASES

See SEXUALLY TRANSMITTED DISEASES

VETERANS

National Veterans Services Fund, Inc.

(800) 521-0198
9:00 a.m.–4:00 p.m., Monday–Friday
(Eastern time)

Paralyzed Veterans of America

(800) 424-8200
(800) 795-4327 (TTY)
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

U.S. Department of Veterans Affairs

(800) 827-1000

Veterans Special Issue Helpline

Department of Veterans Affairs
(800) 749-8387 (Agent Orange/Persian Gulf War)
8:00 a.m.–4:00 p.m., Monday–Friday
(Central time)

VIOLENCE

National Domestic Violence Hotline

(800) 799-SAFE (7233)
(800) 787-3224 (TTY)

National Organization for Victim Assistance

(800) TRY-NOVA (879-6682)
9:00 a.m.–6:00 p.m., Monday–Friday
(Eastern time)

Rape, Abuse, and Incest National Network

(800) 656-4673

VISION

See also LIBRARY SERVICES

American Council of the Blind

(800) 424-8666
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)
8:00 a.m.–4:00 p.m., Monday–Friday
(Pacific time)

Braille Institute of America

(800) BRAILLE (272-4553)
8:30 a.m.–5:00 p.m., Monday–Friday
(Pacific time)

EyeCare America

(800) 222-3937

Foundation Fighting Blindness

(800) 683-5555
(800) 683-5551 (TDD)
8:30 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Glaucoma Research Foundation

(800) 826-6693
8:30 a.m.–5:00 p.m., Monday–Friday
(Pacific time)

Guide Dog Foundation for the Blind, Inc.

(800) 548-4337
8:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Guide Dogs for the Blind

(800) 295-4050
8:00 a.m.–5:00 p.m., Monday–Friday
(Pacific time)

Lighthouse International

(800) 829-0500
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Louisiana Center for the Blind

(800) 234-4166
8:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Association for Parents of Children with Visual Impairments

(800) 562-6265
9:00 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

National Consortium on Deaf-Blindness

(800) 438-9376
(800) 854-7013 (TTY)
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Family Association for Deaf-Blind

(800) 255-0411 (Voice/TTY)
8:45 a.m.–4:30 p.m., Monday–Friday
(Eastern time)

Prevent Blindness America

(800) 331-2020
8:30 a.m.–5:00 p.m., Monday–Friday
(Central time)

Vision Council of America

(800) 424-8422

WOMEN

Endometriosis Association

(800) 992-3636 (Recording)

National Osteoporosis Foundation

(800) 231-4222
8:30 a.m.–5:00 p.m., Monday–Friday
(Eastern time)

Women's Health America

(800) 558-7046 (Recording)
8:00 a.m.–5:30 p.m., Monday–Friday
(Central time)

Womenshealth.gov

(800) 994-9662
(888) 220-5446 (TDD)
9:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Women's Sports Foundation

(800) 227-3988
9:00 a.m.–5:00 p.m., 9:00 a.m.–4:45 p.m., Monday–Friday (Eastern time)

For more health promotion and disease prevention information—

Search online for thousands of free Federal health documents using healthfinder.gov at http://www.healthfinder.gov

For health promotion and disease prevention information in Spanish—

Search online at http://www.healthfinder.gov/espanol.

TOLL-FREE NUMBERS FOR HEALTH INFORMATION • DIAL 1-800 (unless 866/877/888 is specified)

ABLEDATA, *227-0216*

About Face International, *665-3223*

Academy of General Dentistry, *(888) 243-3368, (877) 292-9327* (Referral Line)

Academy of Laser Dentistry, *(877) 527-3776*

AdCARE Hospital Helpline, *252-6465*

AdoptUSKids, *(888) 200-4005*

Aerobics and Fitness Association of America, *(877) 968-7263* (Consumers); *446-2322* (Professionals)

Agency for Healthcare Research and Quality Clearinghouse, *358-9295*

AIDS Info, *448-0440; (888) 480-3739* (TTY)

Al-Anon Family Group Headquarters, *425-2666*

Alcohol and Drug Helpline, *821-4357*

Alliance for Aging Research, *639-2421*

ALS Association, *782-4747*

Alzheimer's Association Helpline, *272-3900*

Alzheimer's Disease Education and Referral Center, *438-4380*

American Academy of Allergy, Asthma and Immunology, *822-2762*

American Academy of Cosmetic Dentistry, *543-9220*

American Academy of Family Physicians, *274-2237*

American Academy of Oral and Maxillofacial Pathology, *(888) 552-2667*

American Alliance for Health, Physical Education, Recreation and Dance, *213-7193*

American Association of Critical Care Nurses, *899-2226*

American Association of Diabetes Educators, *338-3633*

American Association of Kidney Patients, *749-2257*

American Association of Oral and Maxillofacial Surgeons, *822-6637*

American Association of Orthodontists, *424-2841*

American Association of Women Dentists, *920-2293*

American Autoimmune Related Diseases Association, Inc., *598-4668*

American Behcet's Disease Association, *723-4238*

American Brain Tumor Association, *886-2282*

American Cancer Society, *227-2345* (Voice/TDD/TT)

American Chiropractic Association, *986-4636*

American Chronic Pain Association, *533-3231*

American Cleft Palate-Craniofacial Association/Cleft Palate Foundation, *242-5338*

American Council of the Blind, *424-8666*

American Council on Alcoholism, *527-5344*

American Council on Exercise, *825-3636*

American Counseling Association, *347-6647*

American Dental Assistants Association, *(877) 874-3785*

American Dental Association, *947-4746* (Catalog Sales and Service)

American Diabetes Association, *342-2383; 232-6733* (Order Fulfillment)

2010 Toll-Free Numbers for Health Information

American Health Assistance Foundation, *437-2423*

American Heart Association, *242-8721*

American Heart Association Stroke Connection, *(888) 478-7653*

American Institute for Cancer Research, *843-8114*

American Kidney Fund, *638-8299*

American Leprosy Missions (Hansen's Disease), *543-3135*

American Liver Foundation, *465-4837*

American Lung Association, *586-4872*

American Nurses Association, *274-4262*

American Orthodontic Society, *448-1601*

American Osteopathic Association, *621-1773*

American Parkinson Disease Association, *223-2732*

American Podiatric Medical Association, Inc., *275-2762*

American Running Association, *776-2732*

American SIDS Institute, *232-7437*

American Social Health Association, *227-8922*

American Society for Deaf Children, *942-2732* (Voice/TTY)

American Society of Plastic Surgeons, Inc. *(888) 475-2784*

American Speech-Language-Hearing Association, *638-8255*

American Thyroid Association, *849-7643*

American Trauma Society, *556-7890*

American Urological Association, *(866) 746-4282*

Americans with Disabilities Act Information Line, *514-0301* (English and Spanish); *514-0383* (TTY)

AmeriFace, *(888) 486-1209*

Amputee Coalition of America, *(888) 267-5669*

Angel Flight Mid-Atlantic, *296-3797*

Aplastic Anemia and MDS International Foundation, Inc., *747-2820*

Arthritis Foundation, *283-7800*

Arthritis National Research Foundation, *588-2873*

Association for Applied Psychophysiology and Biofeedback, *477-8892*

Association of periOperative Registered Nurses, *755-2676*

Asthma and Allergy Foundation of America, *727-8462*

Back to Sleep SIDS Information Campaign, *505-2742*

Batten Disease Support and Research Association, *448-4570*

Bethany Christian Services, *238-4269*

Bradley Method of Natural Childbirth, *422-4784*

Braille Institute of America, *272-4553*

Brain Tumor Society, *770-8287*

Breast Cancer Network of Strength, *221-2141* (English); *986-9505* (Spanish)

Calix Society, *398-0524*

CancerCare, Inc., *813-4673*

Cancer Hope Network, *(877) 467-3638*

Candlelighters Childhood Cancer Foundation, *366-2223*

Captioned Media Program, National Association for the Deaf, *237-6213; 237-6819* (TTY); *538-5636* (Fax)

Caring Connections, *658-8898*

CDC Division of Oral Health, *232-4636; 311-1603; (888) 232-6348* (TTY)

CDC INFO, *232-4636; (888) 232-6348* (TTY)

CDC National Prevention Information Network, *458-5231; (888) 282-7681* (Fax)

Center for Food Safety and Applied Nutrition, *(888) 723-3366*

Centers for Medicare & Medicaid Services, *(877) 267-2323* (Headquarters); *633-4227* (Medicare Service Center); *(866) 226-1819* (Headquarters TTY); *(877) 486-2048* (Medicare Service Center TTY)

Charcot-Marie-Tooth Association, *606-2682*

Child Find of America, Inc., *426-5678; 292-9688*

Childhelp® National Child Abuse Hotline, *422-4453*

Child Welfare Information Gateway, *394-3366*

Children and Adults with Attention Deficit/Hyperactivity Disorder, *233-4050*

Children's Brain Tumor Foundation, *(866) 228-4673*

Children's Craniofacial Association, *535-3643*

Children's Hospice International, *242-4453*

Children's Tumor Foundation, *323-7938*

Christopher and Dana Reeve Foundation, *225-0292*

Cleft Palate Foundation, *242-5338*

College of American Pathologists, *323-4040*

Cooley's Anemia Foundation, *522-7222*

Cornelia de Lange Syndrome Foundation, *223-8355; 753-2357*

Covenant House Nineline, *999-9999*

Crohn's and Colitis Foundation of America, Inc., *932-2423*

Cystic Fibrosis Foundation, *344-4823*

DBTAC: Mid-Atlantic Americans with Disabilities Act Center, *949-4232* (Voice/TTY)

DES Action USA, *337-9288*

DHHS Office of Inspector General, *447-8477*

Dial A Hearing Screening Test, *222-3277* (Voice/TYY)

Drug-Free Workplace Helpline, *967-5752*

Drug Help, *488-3784*

Drug Policy Information Clearinghouse, White House Office of National Drug Control Policy, *666-3332*

Dystonia Medical Research Foundation, *377-3978*

Easter Seals, *221-6827*

Eldercare Locator, *677-1116*

Endometriosis Association, *992-3636*

Environmental Justice Information Line, *962-6215*

Epilepsy Foundation; *332-1000; 332-4050* (National Epilepsy Library); *(866) 330-2718* (Publications)

Epilepsy Information Service, *642-0500*

Eunice Kennedy Shriver National Institute of Child Health and Human Development Information Resource Center, *370-2943; (888) 320-6942* (TTY); *(866) 760-5947* (Fax)

EyeCare America, *222-3937*

FACES: The National Craniofacial Association, *332-2373*

Families of Spinal Muscular Atrophy, *886-1762*

Federal Emergency Management Agency, *621-3362; 462-7585* (TDD); *827-8112* (Fax)

Federal Information Center, GSA, *688-9889; 326-2996* (TTY)

Fibromyalgia Network, *853-2929*

First Candle/SIDS Alliance, *221-7437*

FM Resource Center, *(866) 725-4404; (866) 666-2727* (Fax)

Food Allergy and Anaphylaxis Network, *929-4040*

Foundation Fighting Blindness, *683-5555; 683-5551* (TDD)

Foundation for Ichthyosis and Related Skin Types, Inc., *545-3286*

Gay, Lesbian, Bisexual, and Transgender Helpline, *(888) 340-4528*

Gay, Lesbian, Bisexual, and Transgender National Hotline, *(888) 843-4564*

Genetic Alliance, *336-4363*

Genetic and Rare Diseases Information Center, *(888) 205-2311; (888) 205-3223* (TTY)

Girls & Boys Town National Hotline, *448-3000; 448-1833* (TDD)

Glaucoma Research Foundation, *826-6693*

Guide Dog Foundation for the Blind, Inc., *548-4337*

Guide Dogs for the Blind, *295-4050*

Health Care Services, National Kidney Foundation, *622-9010*

Health Resources and Services Administration Information Center, *(888) 275-4772; (877) 489-4772* (TTY)

Hear Now, *648-4327* (Voice/TDD)

Heart Information Center, *292-2221* (English/Spanish)

Hepatitis Foundation International, *891-0707*

Hill-Burton Medical Care Program, *638-0742; 492-0359* (in MD)

Histiocytosis Association of America, *548-2758*

Hormone Foundation, *467-6663*

HUD USER, *245-2691; 927-7589* (TDD)

Human Growth Foundation, *451-6434*

Huntington's Disease Society of America, *345-4372*

Indian Health Service Division of Oral Health, *447-3368*

Immune Deficiency Foundation, *296-4433*

Indoor Air Quality Information Clearinghouse, *438-4318*

Institute for Safe Medication Practices, *324-5723*

Insure Kids Now Hotline, *(877) 543-7669*

International Childbirth Education Association, *624-4934* (orders only)

International Chiropractors Association, *423-4690*

International Dyslexia Association, *222-3123*

International Essential Tremor Foundation, *(888) 387-3667*

International Hearing Society, *521-5247*

International Rett Syndrome Association, *818-7388*

Job Accommodation Network, *232-9675; 526-7234; (877) 781-9403* (TTY)

John Tracy Clinic, *522-4582* (Voice/TDD)

Joseph and Rose Kennedy Institute of Ethics, *633-3849*

Juvenile Diabetes Research Foundation, *533-2873*

Kidney Cancer Association, *850-9132*

La Leche League International, *525-3243*

Lamaze International, *368-4404*

Lambda Legal Defense and Education Fund, *(866) 542-8336* (Foster Care Helpline)

Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd., *(888) 257-1107*

Leukemia & Lymphoma Society, *955-4572*

Liberty Godparent Home, *542-4453*

Lighthouse International, *829-0500*

Living Bank, *528-2971*

Louisiana Center for the Blind, *234-4166*

Lupus Foundation of America, *558-0121; 558-0231* (Spanish)

Lyme Disease Foundation, Inc., *886-5963*

MAGIC Foundation for Children's Growth, *362-4423*

Medical Institute for Sexual Health, *892-9484*

MedicAlert® Foundation International, *432-5378*

Multiple Sclerosis Association of America, *532-7667*

Multiple Sclerosis Foundation, *(888) 673-6287*

Muscular Dystrophy Association, *572-1717*

Myasthenia Gravis Foundation, *541-5454*

National Abortion Federation, *772-9100*

National Adoption Center, *862-3678*

National Alliance on Mental Illness, *950-6264*

National Association for Continence, *252-3337*

National Association for Parents of Children with Visual Impairments, *562-6265*

National Association for the Education of Young Children, *424-2460*

National Association of Hospital Hospitality Houses, Inc., *542-9730*

National Bone Marrow Transplant Link, *546-5268*

National Brain Injury Information Center, *444-6443*

National Brain Tumor Society, *934-2873*

National Cancer Institute's Cancer Information Service, *422-6237, 332-8615* (TTY)

National Center for Chronic Disease Prevention and Health Promotion, *311-3435*

National Center for Complementary and Alternative Medicine Clearinghouse, *(888) 644-6226; (866) 464-3615* (TTY); *(866) 464-3616* (Fax)

National Center for Health Statistics, *232-4636*

National Center for Immunization and Respiratory Diseases, *232-4636; (888) 232-6348* (TTY)

National Center for Lesbian Rights, *528-6257* (Youth Legal Information Line)

National Center for Missing & Exploited Children®, *843-5678; 826-7653* (TTY)

National Center for Stuttering, *221-2483*

National Center on Birth Defects and Developmental Disabilities, *232-4636; (888) 232-6348* (TTY)

National Child Care Information and Technical Assistance Center, *616-2242; 516-2242* (TTY); *716-2242* (Fax)

National Clearinghouse of Rehabilitation Training Materials, *(866) 821-5355*

National Consortium on Deaf-Blindness, 438-9376; *854-7013* (TTY)

National Council on Alcoholism and Drug Dependence, Inc., *622-2255*

National Council on Problem Gambling, *522-4700*

National Criminal Justice Reference Service, *851-3420; (877) 712-9279* (TTY)

National Dairy Council, *426-8271; 974-6455* (Fax)

National Diabetes Information Clearinghouse, *860-8747; (866) 569-1162* (TTY)

National Digestive Diseases Information Clearinghouse, *891-5389; (866) 569-1162* (TTY)

National Dissemination Center for Children with Disabilities, *695-0285* (Voice/TTY)

National Domestic Violence Hotline, *799-7233; 787-3224* (TTY)

National Down Syndrome Congress, *232-6372*

National Down Syndrome Society Hotline, *221-4602*

National Eating Disorders Association, *931-2237* (Helpline)

National Endocrine and Metabolic Diseases Information Services, *(888) 828-0904; (866) 569-1162* (TTY)

National Family Association for Deaf-Blind, *255-0411*

National Fibromylagia Partnership, *(866) 725-4404*

National Fire Protection Association, *344-3555*

National Fragile X Foundation, *688-8765*

National Gaucher Foundation, *504-3189*

National Hansen's Disease Programs, *642-2477*

National Headache Foundation, *(888) 643-5552*

National Health Information Center, *336-4797*

National Health Service Corps, *221-9393* (Scholarships/Loan Repayment & Job Opportunities in underserved areas); *(877) 897-9910* (TTY)

National Heart, Lung, and Blood Institute Health Information Line, *575-9355* (High Blood Pressure and Cholesterol Information)

National Hematologic Diseases Information Service, *(888) 828-0877*

National Hemophilia Foundation, *424-2634*

National Hispanic Family Health Helpline, *(866) 783-2645*

National Immunization Information Hotline, *232-4636; 232-6348* (TTY)

National Information Clearinghouse on Children Who Are Deaf-Blind, *438-9376; 854-7013* (TTY)

National Inhalant Prevention Coalition, *269-4237*

National Injury Information Clearinghouse, *638-2772* (Consumer Hotline); *638-8270* (TTY)

National Institute for Occupational Safety and Health Information Inquiry Service, *232-4636; (888) 232-6348* (TTY)

National Institute for Rehabilitation Engineering, *736-2216*

National Institute of Allergy and Infectious Diseases, *(866) 284-4107; 877-8339* (TDD)

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse, *(877) 226-4267*

National Institute of Mental Health Information Resource Center, *(866) 615-6464, (866) 415-8051* (TTY)

National Institute of Neurological Disorders and Stroke, *352-9424*

2010 Toll-Free Numbers for Health Information

National Institute on Aging Information Center, *222-2225; 222-4225* (TTY)

National Institute on Deafness and Other Communication Disorders Information Clearinghouse, *241-1044; 241-1055* (TTY)

National Jewish Medical and Research Center, *222-5864*

National Kidney and Urologic Diseases Information Clearinghouse, *891-5390; (866) 569-1162*

National Lead Information Center, *424-5323*

National Lekotek Center, *366-7529*

National Library of Medicine, *(888) 346-3656; 735-2258* (TDD)

National Library Service for the Blind and Physically Handicapped, *424-8567*

National Life Center/Pregnancy Hotline, *848-5683*

National Lymphedema Network, *541-3259*

National Marfan Foundation, *862-7326*

National Marrow Donor Program®, *627-7692*

National Multiple Sclerosis Society, *344-4867*

National Oral Health Information Clearinghouse, National Institute of Dental and Craniofacial Research, *(866) 232-4528*

National Organization for Albinism and Hypopigmentation; *473-2310, 648-2310* (Fax)

National Organization for Rare Disorders, *999-6673*

National Organization for Victim Assistance, *879-6682*

National Organization on Fetal Alcohol Syndrome, *666-6327*

National Osteoporosis Foundation, *231-4222*

National Parkinson Foundation, Inc., *327-4545*

National Patient Travel Helpline, *296-1217*

National Pesticide Information Center, *858-7378*

National Prenatal Helpline, *311-2229; 504-7081* (Spanish)

National Program for Playground Safety, *554-7529*

National Psoriasis Foundation, *723-9166*

National Rehabilitation Information Center, *346-2742*

National Resource Center on Domestic Violence, *537-2238, 533-2508* (TTY)

National Reye's Syndrome Foundation, *233-7393*

National Runaway Switchboard, *786-2929; 621-0394* (TDD)

National Safety Council, *621-7619, 767-7236* (Radon Hotline)

National Spasmodic Torticollis Association, *487-8385*

National Spinal Cord Injury Association, *962-9629*

National Stroke Association, *787-6537*

National Sudden and Unexpected Infant/Child Death & Pregnancy Loss Resource Center, *(866) 866-7437*

National Suicide Prevention Lifeline, *273-8255; 779-4889* (TTY); *(888) 628-9454* (Spanish)

National Stuttering Association, *937-8888*

National Technical Information Service, *553-6847*

National Veterans Services Fund, *521-0198*

Neurofibromatosis, Inc., *942-6825* (Hotline)

NIH Neurology Insitute (NINDS), *352-9424*

Office of Minority Health Resource Center, *444-6472*

Office of Orphan Products Development, *300-7469*

Osteogenesis Imperfecta Foundation, *981-2663*

Osteoporosis and Related Bone Diseases~National Resource Center, *624-2663*

Paget's Foundation, *237-2438*

Paralyzed Veterans of America, *424-8200; 795-4327* (TTY)

Parkinson's Disease Foundation, *457-6676*

PKD Foundation, *753-2873*

Peer Listening Line, *399-7337*

Pension Benefit Guaranty Corporation, *400-7242*

Phoenix Society for Burn Survivors, *888-2876*

Planned Parenthood Federation of America, *230-7526; 669-0156* (Order line)

Poison Help Hotline, *222-1222*

Prader-Willi Syndrome Association, *926-4797*

Prevent Blindness America, *331-2020*

Prevent Child Abuse America, *244-5373*

Pride Surveys, *279-6361*

PRIDE Youth Programs, *668-9277*

Project Inform HIV/AIDS Treatment Hotline, *822-7422*

Public and Indian Housing Information and Resource Center, *955-2232*

Rape, Abuse, and Incest National Network, *656-4673*

Recording for the Blind and Dyslexic, *221-4792*

Research to Prevent Blindness, *621-0026*

Restless Legs Syndrome Foundation, *(877) 463-6757*

Safe Drinking Water Hotline, *426-4791*

Safe Sitter, *255-4089*

SAMHSA's Health Information Network, *(877) 767-4727*

SAMHSA's National Mental Health Information Center, *789-2647; (866) 889-2647* (TDD)

School Nutrition Association, *877-8822*

Scleroderma Foundation, *722-4673*

Scoliosis Association, *800-0669*

Shaping America's Youth®, *729-9221*

Shriners Hospital for Children Referral Line, *237-5055*

Sickle Cell Disease Association of America, Inc., *421-8453*

Simon Foundation for Continence, *237-4666*

Sjogren's Syndrome Foundation, Inc., *475-6473*

Smoking Quitline of the National Cancer Institute, *(877) 448-7848; 332-8615* (TTY)

Smoking, Tobacco and Health Information Line, Office on Smoking and Health, CDC, *232-4636; 784-8669* (QUIT NOW); *(888) 232-6348* (TTY)

Social Security Administration, *772-1213; 325-0778* (TTY)

Spina Bifida Association, *621-3141*

Spondylitis Association of America, *777-8189*

Starlight Children's Foundation, *274-7827*

Sturge-Weber Foundation, *627-5482*

Stuttering Foundation of America, *992-9392*

Support for People with Head and Neck Cancer, *377-0928*

Support Organization for Trisomy 18, 13 and Related Disorders, *716-7638*

Susan G. Komen for the Cure, *(877) 465-6636*

The ARC of the United States, *433-5255*

TOPS (Taking Off Pounds Sensibly) Club, Inc., *932-8677*

Tourette Syndrome Association, Inc., *(888) 486-8738*

Trevor Helpline, *(866) 488-7386*

Trigeminal Neuralgia Association, *923-3608*

Tuberous Sclerosis Alliance, *225-6872*

Turner Syndrome Society of the United States, *365-9944*

United Cerebral Palsy Association, *872-5827*

United Leukodystrophy Foundation, *728-5483*

United Network for Organ Sharing, *(888) 894-6361*

U.S. Consumer Product Safety Commission Hotline, *638-2772; 638-8270* (TTY)

U.S. Department of Agriculture Meat and Poultry Hotline, *(888) 674-6854*

U.S. Department of Veterans Affairs, *827-1000*

U.S. Fish & Wildlife Service, *344-9453*

U.S. Food and Drug Administration, *332-1088* (Medwatch); *(888) 463-6332* (Consumer Inquiries)

Us TOO International Prostate Cancer Education and Support Network, *808-7866*

Vasculitis Foundation, *227-9474*

Vehicle Safety Hotline, National Highway Traffic Safety Administration, *(888) 327-4236; 424-9153* (TTY)

Vestibular Disorders Association, *837-8428*

Veterans Affairs Health Benefits Service Center, *(877) 222-8387*

Veterans Special Issue Helpline, *749-8387*

Vision Council of America, *424-8422*

Weight Control Information Network, *(877) 946-4627*

Well Spouse Association, *838-0879*

Wilson's Disease Association, *(888) 264-1450*

Women's Health America, *558-7046*

Womenshealth.gov, 994-9662; *(888) 220-5446* (TDD)

Women's Sports Foundation, *227-3988*

YMCA of the USA, *872-9622*

Zero – The Project to End Prostate Cancer, *(888) 245-9455*

Zero to Three: National Center for Infants, Toddlers and Families, *899-4301*

Office of Disease Prevention and Health Promotion
U.S. Department of Health and Human Services