

2006 Toll-Free Numbers for Health Information

These selected toll-free numbers for organizations provide health-related information, education, and support. These organizations DO NOT diagnose or recommend treatment for any disease. Some of the organizations use recorded messages; others provide personalized counseling and referrals. Most offer educational materials; some charge handling fees.

Organizations that provide crisis assistance are listed under the heading of Crisis Intervention. The Rare Disorders category includes diseases and disorders that affect less than 1 percent of the population at any given time. Groups in the Professional Organizations section offer consumer information.

Unless otherwise stated, numbers listed operate on Eastern Standard Time and can be reached within the continental United States 24 hours a day, 7 days a week. Numbers that observe Eastern Daylight Saving Time when in effect are annotated as "(Eastern time)."

Inclusion of an information source in this publication does not imply endorsement by the U.S. Department of Health and Human Services.

This document is available from the Internet at www.health.gov/NHIC/Pubs/. To order printed copies of this publication, contact the Office of Disease Prevention and Health Promotion (ODPHP) Communication Support Center, P.O. Box 37366, Washington, DC 20013-7366; fax (301) 468-3028.

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Office of Disease Prevention
and Health Promotion
U.S. Department of Health
and Human Services



2006 Toll-Free Numbers

for Health Information



ADOPTION

Bethany Christian Services

(800) 238-4269 (Crisis Hotline)

National Adoption Center

(800) TO-ADOPT (862-3678)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

AGING

American Health Assistance Foundation

(800) 437-2423

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Eldercare Locator

(800) 677-1116

9:00 a.m.–8:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Institute on Aging Information Center

(800) 222-2225

(800) 222-4225 (TTY)

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

AIDS/HIV

AIDS Info

(800) 448-0440

(888) 480-3739 (TTY)

12:00 p.m.–5:00 p.m., Monday–Friday (Eastern time)

CDC INFO

(800) CDC-INFO (232-4636) (English/Spanish)

(888) 232-6348 (TTY)

CDC National Prevention Information Network

(800) 458-5231 (English/Spanish)

(800) 243-7012 (TTY)

(888) 282-7681 (Fax)

9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

Project Inform National HIV/AIDS Treatment Hotline

(800) 822-7422

9:00 a.m.–4:00 p.m., Monday, Wednesday–Friday; 9:00 a.m.–7:00 p.m., Tuesday (Pacific time)

ALCOHOL ABUSE

See also *Drug Abuse*

AdCARE Hospital Helpline

(800) 252-6465

Al-Anon Family Group Headquarters

(888) 4AL-ANON (425-2666)

8:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Alcohol and Drug Helpline

(800) 821-4357

American Council on Alcoholism

(800) 527-5344

10:00 a.m.–6:00 p.m., Monday–Friday; 12:00 p.m.–6:00 p.m., Saturday (Mountain time)

Calix Society

(800) 398-0524

9:00 a.m.–4:00 p.m., Monday–Friday (Central time)

National Council on Alcoholism and Drug Dependence, Inc.

(800) NCA-CALL (622-2255)

SAMHSA's National Clearinghouse for Alcohol and Drug Information

(800) 729-6686

(877) 767-8432 (Spanish)

(800) 487-4889 (TTY/TDD)

ALLERGY/ASTHMA

See *LUNG DISEASE/ASTHMA/ALLERGY*

Food Allergy and Anaphylaxis Network

(800) 929-4040

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

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National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

ALZHEIMER'S DISEASE

See also *AGING*

Alzheimer's Association Helpline

(800) 272-3900

Alzheimer's Disease Education and Referral Center

(800) 438-4380
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

ARTHRITIS

American Juvenile Arthritis Organization

(800) 283-7800
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Arthritis Foundation Information Hotline

(800) 283-7800

Lyme Disease Foundation, Inc.

(800) 886-5963

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

AUDIOVISUALS

See *LIBRARY SERVICES*

AUTISM

See *CHILD DEVELOPMENT/PARENTING*

AUTOIMMUNE DISEASES

American Autoimmune Related Diseases Association, Inc.

(800) 598-4668
9:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

BLINDNESS

See *VISION*

BONE MARROW

See also *CANCER*

Aplastic Anemia and MDS International Foundation, Inc.

(800) 747-2820
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Bone Marrow Transplant Link

(800) LINK-BMT (546-5268)
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Marrow Donor Program®

(800) MARROW-2 (627-7692)
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

BONE DISEASE

Osteoporosis and Related Bone Diseases~National Resource Center

(800) 624-2663
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

2006 Toll-Free Numbers

for Health Information



BRAIN TUMORS

American Brain Tumor Association

(800) 886-2282
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Brain Tumor Society

(800) 770-TBTS (8287)
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Children's Brain Tumor Foundation

(866) 228-HOPE (4673)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Brain Tumor Foundation

(800) 934-CURE (2873)
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

CANCER

American Cancer Society

(800) 227-2345 (Voice/TDD/TTY)

American Institute for Cancer Research

(800) 843-8114
8:30 a.m.–9:30 p.m., Monday–Thursday; 8:30 a.m.–6:00 p.m., Friday (Eastern time)

Cancer Hope Network

(877) HOPENET (467-3638)
9:00 a.m.–5:30 p.m., Monday–Thursday; 9:00 a.m.–1:00 p.m., Friday (Eastern time)

Candlelighters Childhood Cancer Foundation

(800) 366-2223
10:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

Kidney Cancer Association

(800) 850-9132
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

National Bone Marrow Transplant Link

(800) LINK-BMT (546-5268)
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Cancer Institute's Cancer Information Service

(800) 4-CANCER (422-6237)
(800) 332-8615 (TTY)
9:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Marrow Donor Program®

(800) MARROW-2 (627-7692)
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Susan G. Komen Breast Cancer Foundation

(800) 462-9273
9:00 a.m.–4:30 p.m., Monday–Friday (Central time)

Us Too! International

(800) 808-7866
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Y-ME National Breast Cancer Organization

(800) 221-2141 (English)
(800) 986-9505 (Spanish)

CEREBRAL PALSY

See *RARE DISORDERS*

CHEMICAL PRODUCTS/PESTICIDES

See also *HOUSING*

National Pesticide Information Center

(800) 858-7378 (TDD capability)
6:30 a.m.–4:30 p.m., 7 days a week (Pacific time)

CHILD ABUSE/MISSING CHILDREN/ CHILDREN'S MENTAL HEALTH

Child Find of America, Inc.

(800) I-AM-LOST (426-5678)
(800) A-WAY-OUT (292-9688) (Parental abduction)
9:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

2006 Toll-Free Numbers

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Childhelp USA®

National Child Abuse Hotline
(800) 4-A-CHILD (422-4453)

Covenant House Neline

(800) 999-9999

Girls & Boys Town National Hotline

(800) 448-3000
(800) 448-1833 (TDD)
Spanish-speaking operators are available.

National Center for Missing & Exploited Children®

(800) THE-LOST (843-5678)
(877) 446-2632 (Voice Mail)

National Clearinghouse on Child Abuse and Neglect Information

(800) 394-3366
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Institute of Mental Health Information Center

(866) 615-6464
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Runaway Switchboard

(800) 621-4000
(800) 621-0394 (TDD)
Has access to AT&T Language Line

National Youth Crisis Hotline

(800) 448-4663

CHILD DEVELOPMENT/PARENTING

Back to Sleep SIDS Information Campaign

National Institute of Child Health and Human Development
(800) 505-CRIB (2742)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Human Growth Foundation

(800) 451-6434
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

MAGIC Foundation for Children's Growth

(800) 362-4423
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

National Association for the Education of Young Children

(800) 424-2460
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Lekotek Center

(800) 366-7529
(800) 573-4446 (Voice and TTY)
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

National Organization on Fetal Alcohol Syndrome

(800) 66-NOFAS (666-6327)

National Institute of Child Health and Human Development Information Resource Center

(800) 370-2943
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Starlight Starbright Children's Foundation

(800) 274-7827
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Zero to Three: National Center for Infants, Toddlers and Families

(800) 899-4301
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

CHRONIC FATIGUE SYNDROME

See *RARE DISORDERS*

CRISIS INTERVENTION

All operate 24 hours/7 days a week.

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A-WAY-OUT

(800) 292-9688

Provides unique crisis mediation program for parents contemplating abduction of their children, or who have already abducted their children and want to use Child Find Volunteer Family Mediators to resolve their custody dispute.

Childhelp USA®

National Child Abuse Hotline
(800) 4-A-CHILD (422-4453)

Provides multilingual crisis intervention on child abuse and domestic violence issues. Gives referrals to local agencies offering counseling and other services related to child abuse, adult survivor issues, and domestic violence. Provides literature on child abuse in English and Spanish. Calls are anonymous, toll-free, and counselors are paid, degreed professionals.

Covenant House Neline

(800) 999-9999

Crisis line for youth, teens, and families. Locally based referrals throughout the United States. Help for youth and parents regarding drugs, abuse, homelessness, runaway children, and message relays.

Girls & Boys Town National Hotline

(800) 448-3000
(800) 448-1833 (TTD)

Provides short-term intervention and counseling and refers callers to local community resources. Counsels on parent-child conflicts, family issues, suicide, pregnancy, runaway youth, physical and sexual abuse, and other issues that impact children and families. Spanish-speaking operators are available.

National Center for Missing & Exploited Children®

(800) THE-LOST (843-5678)
(877) 446-2632 (Voice Mail)

The National Center for Missing & Exploited Children's® mission is to help prevent child abduction and sexual exploitation; help find missing children; and assist victims of child abduction and sexual exploitation, their families, and the professionals who serve them.

National Runaway Switchboard

(800) 621-4000
(800) 621-0394 (TDD)

Provides crisis intervention and travel assistance information to runaways. Gives referrals to shelters nationwide. Also relays messages to, or sets up conference calls with, parents at the request of the child. Has access to AT&T Language Line.

National Youth Crisis Hotline

(800) 448-4663

Provides counseling and referrals to local drug treatment centers, shelters, and counseling services. Responds to youth dealing with pregnancy, molestation, suicide, and child abuse.

Rape, Abuse, and Incest National (RAIN) Network

(800) 656-4673

Connects caller to the nearest counseling center that provides counseling for rape, abuse, and incest victims.

CYSTIC FIBROSIS

See *RARE DISORDERS*

DIABETES/DIGESTIVE DISEASES

American Association of Diabetes Educators

(800) 338-3633
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

American Diabetes Association

(800) 342-2383
(800) ADA-ORDER (Fax, Order Fulfillment)
8:30 a.m.–8:00 p.m., Monday–Friday (Eastern time)

Crohn's and Colitis Foundation of America, Inc.

(800) 932-2423
(800) 343-3637 (Warehouse)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

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Diabetes Public Inquiries Service

National Center for Chronic Disease Prevention and Health Promotion, CDC
(877) CDC-DIAB (232-3422)
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Juvenile Diabetes Foundation International Hotline

(800) 223-1138
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Diabetes Information Clearinghouse

(800) 860-8747
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Digestive Diseases Information Clearinghouse

(800) 891-5389
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

DISABLING CONDITIONS/DISABILITIES ACCESS

ADA Information Center

(800) 949-4232 (Voice/TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Americans with Disabilities Act Information Line

(800) 514-0301
(800) 514-0383 (TTY)
9:30 a.m.–5:30 p.m., Monday–Wednesday and Friday; 12:30 p.m.–5:30 p.m., Thursday.
Spanish-speaking operators are available.

Children's Craniofacial Association

(800) 535-3643
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Easter Seal Society

(800) 221-6827
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

FACES: The National Craniofacial Association

(800) 332-2373
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Families of Spinal Muscular Atrophy

(800) 886-1762
7:00 a.m.–3:00 p.m., Monday–Friday (Central time)

Job Accommodation Network

(800) ADA-WORK (232-9675) (Voice/TTY)
(800) 526-7234 (Voice/TTY)
8:00 a.m.–8:00 p.m., Monday–Thursday; 8:00 a.m.–7:00 p.m., Friday (Eastern time)
Services available in English, Spanish, and French.

National Dissemination Center for Children with Disabilities

(800) 695-0285 (Voice/TTY)
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Rehabilitation Information Center

(800) 346-2742
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Scoliosis Association

(800) 800-0669

DOWN SYNDROME

See *RARE DISORDERS*

DRINKING WATER SAFETY

Safe Drinking Water Hotline

(800) 426-4791 (English/Spanish)
10:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

DRUG ABUSE

See also *ALCOHOL ABUSE* and *SUBSTANCE ABUSE*

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Drug-Free Workplace Helpline

(800) 967-5752
10:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Drug Help

(800) 488-DRUG (3784)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Drug Policy Information Clearinghouse

White House Office of National Drug Control Policy
(800) 666-3332
10:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Housing and Urban Development Drug Information and Strategy Clearinghouse

(800) 955-2232
8:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

Parents Resource Institute for Drug Education (PRIDE)

(800) 279-6361 (Surveys)
(800) 668-9277 (Youth Program)
8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

SAMHSA's National Clearinghouse for Alcohol and Drug Information

(800) 729-6686
(877) 767-8432 (Spanish)
(800) 487-4889 (TTY/TDD)

DWARFISM

Human Growth Foundation

(800) 451-6434
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

DYSLEXIA

See *LEARNING DISORDERS*

ENDOMETRIOSIS

See *WOMEN*

ENVIRONMENT

Environmental Justice Information Line

U.S. Environmental Protection Agency
(800) 962-6215 (English/Spanish)
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Indoor Air Quality Information Clearinghouse

(800) 438-4318
(866) 528-3187 (Spanish Hotline)
(800) 557-2366 (Radon Helpline)
(800) 644-6999 (Radon Fix-it Line)
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Hispanic Indoor Air Quality Helpline

(800) SALUD-12 (725-8312)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

EPILEPSY

See *RARE DISORDERS*

ESSENTIAL TREMOR

International Essential Tremor Foundation

(888) 387-3667
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

ETHICS

Joseph and Rose Kennedy Institute of Ethics

National Reference Center for Bioethics Literature
(800) 633-3849
9:00 a.m.–5:00 p.m., Monday, Wednesday, Thursday, Friday (academic year only); 9:00 a.m.–9:00 p.m., Tuesday; 12:00 noon.–5:00 p.m., Saturday, except summers and holidays.
9:00 a.m.–5:00 p.m. during the summer.

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FIRE PREVENTION

National Fire Protection Association

(800) 344-3555 (Customer Service)
7:30 a.m.–8:00 p.m., Monday–Friday (Eastern time)

FITNESS

Aerobics and Fitness Foundation of America

(800) 968-7263 (Consumer Hotline)
(800) 446-2322 (For Professionals)

American Council on Exercise

(800) 825-3636
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

American Running Association

(800) 776-2732
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

TOPS (Taking Off Pounds Sensibly) Club, Inc.

(800) 932-8677
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

Weight Control Information Network

National Institute of Diabetes and Digestive and Kidney Diseases
(877) 946-4627
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

YMCA of the USA

(800) 872-9622
7:00 a.m.–7:00 p.m., Monday–Friday (Central time)

FOOD SAFETY

Center for Food Safety and Applied Nutrition

(888) SAFEFOOD (723-3366)

U.S. Department of Agriculture Meat and Poultry Hotline

(888) MPHOTline (674-6854)
(800) 256-7072 (TTY)
10:00 a.m.–4:00 p.m., Monday–Friday; 8:00 a.m.–2:00 p.m. on Thanksgiving (Eastern time)

U.S. Fish & Wildlife Service

(800) 344-WILD (344-9453)
8:00 a.m.–8:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

GAY, LESBIAN, BISEXUAL, TRANSGENDER HEALTH

Gay, Lesbian, Bisexual, and Transgender Helpline

(888) 340-4528
6:00 p.m.–11:00 p.m., Monday–Friday; 5:00 p.m.–7:00 p.m., Saturday and Sunday (Eastern time)

Gay & Lesbian National Hotline

(888) 843-4564
4:00 p.m.–12:00 a.m., Monday–Friday; 12:00 p.m.–5:00 p.m., Saturday (Eastern time)

Lambda Legal Defense and Education Fund

(866) 542-8336 x235 (Foster Care Helpline)
9:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Center for Lesbian Rights

(800) 528-6257 (Youth Legal Information Line)
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Peer Listening Line

(800) 399-7337
5:00 p.m.–10:00 p.m., Monday–Friday (Eastern time)

Trevor Helpline

(866) 4-U-TREVOR (488-7386)

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GENERAL HEALTH

Agency for Healthcare Research and Quality Clearinghouse

(800) 358-9295
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

American Chiropractic Association

(800) 986-4636
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

American Osteopathic Association

(800) 621-1773
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

American Podiatric Medical Association, Inc.

(800) 366-8227 (Recording)

Angel Flight Mid-Atlantic

(877) 247-5433
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Health Resources and Services Administration Information Center

(888) ASK-HRSA (275-4772)
(877) 4TY-HRSA (489-4772) (TTY/TDD)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

MedicAlert Foundation

(800) 432-5378

National Center for Complementary and Alternative Medicine Clearinghouse

(888) 644-6226
(866) 464-3615 (TTY)
(866) 464-3616 (Fax)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Health Information Center

(800) 336-4797
9:00 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Health Service Corps

(800) 221-9393 Scholarships/Loan Repayment & Job Opportunities in Underserved Areas
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Hispanic Family Health Helpline

(866) SU-FAMILIA (783-2645)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Patient Air Transport Helpline

(800) 296-1217

Office for Civil Rights

U.S. Department of Health and Human Services
(800) 368-1019 (Recording)
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

U.S. Food and Drug Administration

(800) 332-1088 (MedWatch)
(888) 463-6332 (Consumer Inquiries)

Well Spouse Association

(800) 838-0879
10:00 a.m.–3:00 p.m., Monday–Friday (Eastern time)

GENETIC DISEASES

Genetic Alliance

(800) 336-4363
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Genetic and Rare Diseases Information Center

(888) 205-2311
(888) 205-3223 (TTY)
12:00 p.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

March of Dimes Birth Defects Foundation

(888) 663-4637
(800) 925-1855 (Spanish)

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HEADACHE/HEAD INJURY

American Council for Headache Education

(800) 255-ACHE (2243)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Brain Injury Association of America Helpline

(800) 444-6443
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Headache Foundation

(888) 643-5552
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

HEALTHY WEIGHT/WEIGHT LOSS

TOPS (Taking Off Pounds Sensibly) Club, Inc.

(800) 932-8677
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

Weight Control Information Network

National Institute of Diabetes and Digestive and Kidney Diseases
(877) 946-4627
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

HEARING AND SPEECH

American Society for Deaf Children

(800) 942-2732

American Speech-Language-Hearing Association

(800) 638-8255
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

DB-LINK (National Information Clearinghouse on Children Who Are Deaf-Blind)

(800) 438-9376
(800) 854-7013 (TTY)
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Dial A Hearing Screening Test (Occupational Hearing Services)

(800) 222-3277 (Voice/TTY)
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Ear Foundation

(800) 545-4327
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

Hear Now

(800) 648-4327 (Voice/TDD)
9:00 a.m.–4:00 p.m., Monday–Friday (Mountain time)

John Tracy Clinic

(800) 522-4582 (Voice/TDD)
9:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

International Hearing Society

(800) 521-5247
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Family Association for Deaf-Blind

(800) 255-0411 (Voice/TTY)
8:45 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Institute on Deafness and Other Communication Disorders Information Clearinghouse

(800) 241-1044
(800) 241-1055 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Vestibular Disorders Association

(800) 837-8428
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

2006 Toll-Free Numbers

for Health Information



HEART DISEASE

American Heart Association

(800) 242-8721

Heart Information Center

(800) 292-2221

7:00 a.m.–6:00 p.m., Monday–Friday (Central time)

National Heart, Lung, and Blood Institute Health Information Center

(800) 575-9355 (Recorded High Blood Pressure and Cholesterol Information)

HISTIOCYTOSIS

See *RARE DISORDERS*

HOMELESSNESS

National Resource and Training Center on Homelessness and Mental Illness

(800) 444-7415

9:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

HORMONAL DISORDERS

American Thyroid Association

(800) 849-7643

8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

Hormone Foundation

(800) HORMONE (467-6663)

Thyroid Foundation of America, Inc.

(800) 832-8321

8:30 a.m.–4:00 p.m., Monday–Friday (Eastern time)

HOSPITAL/HOSPICE CARE

Children's Hospice International

(800) 242-4453

8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Hill-Burton Free Medical Care Program

(800) 638-0742

(800) 492-0359 (in MD)

National Association of Hospital Hospitality Houses, Inc.

(800) 542-9730

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Hospice and Palliative Care Organization

(800) 658-8898

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Shriners Hospital for Children Referral Line

(800) 237-5055

8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

HOUSING

See also *CHEMICAL PRODUCTS/PESTICIDES* and *LEAD*

Housing and Urban Development User

(800) 245-2691

(800) 927-7589 (TDD)

8:30 a.m.–5:15 p.m., Monday–Friday, except Federal holidays (Eastern time)

Public and Indian Housing Information and Resource Center

(800) 955-2232

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

HUNTINGTON'S DISEASE

See *RARE DISORDERS*

IMMUNIZATION

National Immunization Information Hotline

Centers for Disease Control and Prevention

(800) 232-4636 (English/Spanish)

(800) 243-7889 (TTY)

(888) 232-3299 (Fax-back)

2006 Toll-Free Numbers

for Health Information



IMPOTENCE

American Urological Association Foundation

(800) 828-7866
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

INSURANCE/MEDICARE/MEDICAID

DHHS Inspector General's Hotline

(800) 447-8477
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Insure Kids Now Hotline

Health Resources and Services Administration
(877) 543-7669
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Medicare Issues Hotline

(800) 633-4227
(800) 820-1202 (TDD/TTY)

Pension Benefit Guaranty Corporation

(800) 400-PBGC (7242)
8:00 a.m.–7:00 p.m., Monday–Friday (Eastern time)

Social Security Administration

(800) 772-1213
7:00 a.m.–12:00 a.m., Monday–Friday; 8:00 a.m.–3:30 p.m.,
Saturday–Sunday (Eastern time)

JUSTICE

National Criminal Justice Reference Service

(800) 851-3420
10:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

KIDNEY DISEASE

See *UROLOGICAL DISORDERS*

LEAD

See also *HOUSING*

National Lead Information Center

(800) 424-5323 (Clearinghouse)
(800) 877-8339 (TDD)
8:00 a.m.–6:00 p.m., Monday–Friday, except Federal
holidays (Eastern time)

LEARNING DISORDERS

Children and Adults with Attention Deficit/Hyperactivity Disorders

(800) 233-4050 (English/Spanish)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

International Dyslexia Association

(800) ABCD123 (222-3123)

LIBRARY SERVICES

Captioned Media Program, The National Association for the Deaf

(800) 237-6213
(800) 237-6819 (TTY)
(800) 538-5636 (Fax)
9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

National Library of Medicine

National Institutes of Health
(888) 346-3656
8:30 a.m.–5:00 p.m., Monday–Friday; 8:30 a.m.–2:00 p.m.,
Saturday, except Federal holidays (Eastern time)

National Library Service for the Blind and Physically Handicapped

(800) 424-8567
8:00 a.m.–4:30 p.m., Monday–Friday, except Federal
holidays (Eastern time)

Recording for the Blind and Dyslexic

(800) 221-4792
8:30 a.m.–4:45 p.m., Monday–Friday (Eastern time)

LIVER DISEASES

American Liver Foundation

(800) 223-0179
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

2006 Toll-Free Numbers

for Health Information



Hepatitis Foundation International

(800) 891-0707
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

LUNG DISEASE/ASTHMA/ALLERGY

American Lung Association

(800) 586-4872
(800) 528-2971 (Living Bank)
7:00 a.m.–7:00 p.m., Monday–Friday (Central time)

Asthma and Allergy Foundation of America

(800) 7-ASTHMA (727-8462)
10:00 a.m.–3:00 p.m., Monday–Friday (Eastern time)

Asthma Information Line

(800) 822-2762

National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

MATERNAL AND CHILD HEALTH

La Leche League International

(800) La Leche (525-3243)
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

National Hispanic Prenatal Helpline

(800) 504-7081
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Life Center/Pregnancy Hotline

(800) 848-5683

National Institute of Child Health and Human Development Information Resource Center

(800) 370-2943
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Zero to Three: National Center for Infants, Toddlers and Families

(800) 899-4301
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

MEDICARE/MEDICAID

See *INSURANCE/MEDICARE/MEDICAID*

MENTAL HEALTH

See also *CHILD ABUSE/MISSING CHILDREN/CHILDREN'S MENTAL HEALTH*

ARC of the United States, The

(800) 433-5255
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Alliance for the Mentally Ill

(800) 950-6264 Helpline
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Council on Problem Gambling

(800) 522-4700

National Gaucher Foundation

(800) 925-8885
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Hopeline Network

(800) SUICIDE (784-2433)

National Institute of Mental Health Information Center

(866) 615-6464
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Mental Health Association Resource Center

(800) 969-6642
(800) 433-5959 (TTY)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

2006 Toll-Free Numbers

for Health Information



SAMHSA's National Mental Health Information Center

(800) 789-2647
(866) 889-2647 (TDD)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

MINORITY HEALTH

National Hispanic Family Health Helpline

(866) SU-FAMILIA (783-2645)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Hispanic Indoor Air Quality Helpline

(800) SALUD-12 (725-8312)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Hispanic Prenatal Helpline

(800) 504-7081
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Office of Minority Health Resource Center

(800) 444-6472
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

NUTRITION

American Dietetic Association Consumer Nutrition Information Line

(800) 366-1655
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

American Institute for Cancer Research

(800) 843-8114
8:30 a.m.–9:30 p.m., Monday–Thursday; 8:30 a.m.–6:00 p.m., Friday (Eastern time)

National Dairy Council

(800) 426-8271
(800) 974-6455 (Fax)
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

ORAL HEALTH

American Dental Association

(800) 947-4746 (Catalog Sales and Service)
7:00 a.m.–5:00 p.m., Monday–Friday (Central time)

ORGAN DONATION

See also *VISION* and *UROLOGICAL DISORDERS*

Living Bank

(800) 528-2971
7:30 a.m.–4:30 p.m., Monday–Friday (Central time)

National Marrow Donor Program®

(800) MARROW-2 (627-7692)
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

United Network for Organ Sharing

(888) TXINFO1 (894-6361)
8:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

ORPHAN PRODUCTS

Office of Orphan Products Development

U.S. Food and Drug Administration
(800) 300-7469
8:00 a.m.–4:30 p.m., Monday–Friday (Eastern time)

PARALYSIS AND SPINAL CORD INJURY

See also *STROKE*

Christopher Reeve Paralysis Association

(800) 225-0292
9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

National Rehabilitation Information Center

(800) 346-2742
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Spinal Cord Injury Association

(800) 962-9629
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

2006 Toll-Free Numbers

for Health Information



Paralyzed Veterans of America

(800) 424-8200
(800) 232-1782 Healthcare Hotline
(800) 416-7622 (TDD)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

PARKINSON'S DISEASE

American Parkinson's Disease Association

(800) 223-2732
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Parkinson Foundation, Inc.

(800) 327-4545
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Parkinson's Disease Foundation

(800) 457-6676
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

PESTICIDES

See *CHEMICAL PRODUCTS/PESTICIDES*

POISON CONTROL

American Association of Poison Control Centers

(800) 222-1222

PRACTITIONER REPORTING

U.S. Pharmacopeia Center for the Advancement of Patient Safety

(800) 233-7776 (Medication Errors)
Staff available 9:00 a.m.–4:30 p.m., Monday–Friday.
Medication error telephone number records information
24 hours a day.

PREGNANCY/MISCARRIAGE

Bradley Method of Natural Childbirth

(800) 422-4784
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

DES Action USA

(800) DES-9288 (337-9288)
9:00 a.m.–3:00 p.m., Monday–Friday (Pacific time)

International Childbirth Education Association

(800) 624-4934 (Book Center orders)
8:30 a.m.–4:00 p.m., Monday–Friday (Central time)

Lamaze International

(800) 368-4404
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Liberty Godparent Home

(800) 542-4453

National Abortion Federation

(800) 772-9100
8:00 a.m.–9:00 p.m., Monday–Friday; 9:00 a.m.–5:00 p.m.,
Saturday–Sunday (Eastern time)

National Hispanic Prenatal Helpline

(800) 504-7081
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

PROFESSIONALS

ADA Information Center

(800) 949-4232 (Voice/TTY)
8:30 a.m.–5:00 p.m.

Alliance for Aging Research

(800) 639-2421
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

American Academy of Allergy, Asthma and Immunology

(800) 822-2762

2006 Toll-Free Numbers

for Health Information



American Alliance for Health, Physical Education, Recreation and Dance

(800) 213-7193
8:00 a.m.–4:30 p.m., Monday–Friday (Eastern time)

American Association of Critical Care Nurses

(800) 899-2226
7:30 a.m.–5:30 p.m., Monday–Friday (Pacific time)

American Council for the Blind

(800) 424-8666
2:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

American Counseling Association

(800) 347-6647
8:00 a.m.–4:30 p.m., Monday–Friday (Eastern time)

American Nurses Association

(800) 274-4ANA (4262)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

American Occupational Therapy Association

(800) SAY-AOTA (729-2682)
(800) 377-8555 (TDD)
(800) 701-7735 (Fax-back)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Arthritis National Research Foundation

(800) 588-2873
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Association for Applied Psychophysiology and Biofeedback

(800) 477-8892
8:00 a.m.–5:00 p.m., Monday–Friday (Mountain time)

Association of Operating Room Nurses

(800) 755-2676
7:00 a.m.–6:00 p.m., Monday–Friday (Mountain time)

CDC National Prevention Information Network

(800) 458-5231 (English/Spanish)
(800) 243-7012 (TTY)
(888) 282-7681 (Fax)
9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

College of American Pathologists

(800) 323-4040
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

Dystonia Medical Research Foundation

(800) 377-3978
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Federal Emergency Management Agency

(800) 621-FEMA (3362) (Disaster Assistance)
(800) 480-2520 (Publications)

Federal Information Center, GSA

(800) 688-9889
(800) 326-2996 (TTY)
9:00 a.m.–9:00 p.m., Monday–Friday (Eastern time)

Glaucoma Research Foundation

(800) 826-6693
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Immune Deficiency Foundation

(800) 296-4433
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

International Childbirth Education Association

(800) 624-4934 (Book Center orders)
8:30 a.m.–4:00 p.m., Monday–Friday (Central time)

International Chiropractors Association

(800) 423-4690
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Leukemia & Lymphoma Society

(800) 955-4572
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Medical Institute for Sexual Health

(800) 892-9484 (publication orders only)
8:15 a.m.–5:00 p.m., Monday–Friday (Central time)

National Child Care Information Center, ACF

(800) 616-2242
(800) 516-2242 (TTY)
(800) 716-2242 (Fax)
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

2006 Toll-Free Numbers

for Health Information



National Clearinghouse of Rehabilitation Training Materials

(800) 223-5219
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

National Institute for Occupational Safety and Health Information Inquiry Service

(800) 356-4674
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

National Pediculosis Association

(800) 446-4672
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Resource Center on Domestic Violence

(800) 537-2238
(800) 553-2508 (TTY)
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Technical Information Service

(800) 553-6847
8:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Prevent Child Abuse America

(800) 556-2722 (Recording)

Research to Prevent Blindness

(800) 621-0026
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

School Nutrition Association

(800) 877-8822
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Vision Connection

Lighthouse International
(800) 829-0500
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

RADIATION

National Association of Radiation Survivors

(800) 798-5102
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

RARE DISEASES/DISORDERS*

**A rare disorder is defined as a disorder that affects less than 1 percent of the population at any given time.*

American Behcet's Disease Association

(800) 723-4238
9:00 a.m.–9:00 p.m., 7 days a week (Pacific time)

American Cleft Palate-Craniofacial Association/Cleft Palate Foundation

(800) 242-5338 (Parent Hotline Only)

American Leprosy Missions (Hansen's Disease)

(800) 543-3135
8:00 a.m.–5:00 p.m., Monday–Thursday; 8:00 a.m.–12:00 p.m., Friday (Eastern time)

American SIDS Institute

(800) 232-7437

Amyotrophic Lateral Sclerosis Association (ALS, Lou Gehrig's Disease)

(800) 782-4747
7:30 a.m.–4:00 p.m., Monday–Friday (Pacific time)

Batten's Disease Support and Research Association

(800) 448-4570
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Charcot-Marie-Tooth Association

(800) 606-2682

Children's Tumor Foundation

(800) 323-7938
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

2006 Toll-Free Numbers

for Health Information



Cooley's Anemia Foundation

(800) 522-7222
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Cornelia de Lange Syndrome Foundation, Inc.

(800) 223-8355
(800) 753-2357 (U.S. and Canada)
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Cystic Fibrosis Foundation

(800) 344-4823
8:30 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Epilepsy Foundation

(800) 332-4050 (National Epilepsy Library)
(800) 332-1000 (Publications)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Epilepsy Information Service

(800) 642-0500 (voice mail after hours)
8:00 a.m.–5:00 p.m.

Fibromyalgia Network

(800) 853-2929
9:00 a.m.–5:00 p.m., Monday–Thursday (Mountain time)

Genetic Alliance

(800) 336-4363
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Genetic and Rare Diseases Information Center

(888) 205-2311
(888) 205-3223 (TTY)
12:00 p.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Histiocytosis Association of America

(800) 548-2758
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Huntington's Disease Society of America, Inc.

(800) 345-4372
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

International Rett Syndrome Association

(800) 818-7388
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd.

(888) ALS-1107
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

Lupus Foundation of America

(888) 385-8787
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

March of Dimes Birth Defects Foundation

(888) 663-4637
(800) 925-1855 (Spanish)

Multiple Sclerosis Association of America

(800) 532-7667 (National Headquarters)
9:00 a.m.–8:00 p.m., Monday–Thursday; 9:00 a.m.–5:00 p.m., Friday (Eastern time)

Multiple Sclerosis Foundation

(888) 673-6287
9:00 a.m.–7:00 p.m., Monday–Friday (Eastern time)

Muscular Dystrophy Association

(800) 572-1717
9:00 a.m.–5:00 p.m., Monday–Friday (Mountain time)

Myasthenia Gravis Foundation

(800) 541-5454
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

National Down Syndrome Congress

(800) 232-6372
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Down Syndrome Society Hotline

(800) 221-4602
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Fragile X Foundation

(800) 688-8765
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

2006 Toll-Free Numbers

for Health Information



National Hansen's Disease Programs

(800) 642-2477

8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

National Hemophilia Foundation

(888) INFO-NHF (463-6643)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Summer: 9:00 a.m.–5:00 p.m., Monday–Thursday, 9:00 a.m.–3:00 p.m., Friday (Eastern time)

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)

8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

National Lymphedema Network

(800) 541-3259

9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

National Marfan Foundation

(800) 8-MARFAN (862-7326)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Multiple Sclerosis Society

(800) 344-4867

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Organization for Albinism and Hypopigmentation

(800) 473-2310

National Organization for Rare Disorders

(800) 999-6673

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Reye's Syndrome Foundation

(800) 233-7393

8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Spasmodic Torticollis Association

(800) 487-8385

9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Neurofibromatosis, Inc.

(800) 942-6825 (Hotline)

Osteogenesis Imperfecta Foundation, Inc.

(800) 981-2663

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Paget Foundation for Paget's Disease of Bone and Related Disorders

(800) 237-2438

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Prader-Willi Syndrome Association

(800) 926-4797

9:00 a.m.–7:00 p.m., Monday–Friday (Eastern time)

Restless Legs Syndrome Foundation

(877) 463-6757

Scleroderma Foundation

(800) 722-4673

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Sickle Cell Disease Association of America, Inc.

(800) 421-8453

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

SIDS Alliance

(800) 221-7437

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Sjogren's Syndrome Foundation, Inc.

(800) 475-6473

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Spina Bifida Association of America

(800) 621-3141

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

2006 Toll-Free Numbers

for Health Information



Spondylitis Association of America

(800) 777-8189
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Sturge-Weber Foundation

(800) 627-5482
8:00 a.m.–3:00 p.m., Monday–Friday (Eastern time)

Support Organization for Trisomy 18, 13 and Related Disorders

(800) 716-SOFT (7638)

Tourette Syndrome Association, Inc.

(888) 486-8738
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Tuberous Sclerosis Alliance

(800) 225-6872
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Turner Syndrome Society of the United States

(800) 365-9944
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

United Cerebral Palsy Association

(800) 872-5827
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

United Leukodystrophy Foundation

(800) 728-5483
8:30 a.m.–5:00 p.m., 7 days a week (Central time)

Wegener's Granulomatosis Association

(800) 277-9474
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

Wilson's Disease Association

(800) 399-0266 (voice mail)

REHABILITATION

See also *DISABLING CONDITIONS* and *PARALYSIS AND SPINAL CORD INJURY*

ABLEDATA

(800) 227-0216
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Institute for Rehabilitation Engineering

(800) 736-2216
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Rehabilitation Information Center

(800) 346-2742
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Phoenix Society for Burn Survivors

(800) 888-2876
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

United Ostomy Association

(800) 826-0826
6:30 a.m.–4:30 p.m., Monday–Thursday; 6:30 a.m.–3:30 p.m., Friday (Pacific time)

RESTLESS LEGS SYNDROME

See *RARE DISORDERS*

SAFETY

See also *CHEMICAL PRODUCTS/PESTICIDES*

Danny Foundation

(800) 833-2669
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

National Institute for Occupational Safety and Health Information Inquiry Service

(800) 356-4674
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Program for Playground Safety

(800) 554-PLAY (554-7529)
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

2006 Toll-Free Numbers

for Health Information



National Safety Council

(800) 621-7615
(800) 767-7236 (National Radon Hotline)
7:30 a.m.–4:45 p.m., Monday–Friday (Central time)

Safe Sitter

(800) 255-4089
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

U.S. Coast Guard InfoLine, Office of Boating Safety

(800) 368-5647
(800) 689-0816 (TDD/TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

U.S. Consumer Product Safety Commission Hotline

(800) 638-2772
(800) 638-8270 (TDD)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Vehicle Safety Hotline

National Highway Traffic Safety Administration
(800) 424-9393
(800) 424-9153 (TTY)
8:00 a.m.–10:00 p.m., Monday–Friday (Eastern time)

SEXUAL EDUCATION

Medical Institute for Sexual Health

(800) 892-9484 (publication orders only)
8:15 a.m.–5:00 p.m., Monday–Friday (Central time)

Planned Parenthood Federation of America, Inc.

(800) 230-7526 (Recording)
(800) 669-0156 (Order line)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

SEXUALLY TRANSMITTED DISEASES

See also AIDS/HIV

American Social Health Association

(800) 230-6039

CDC INFO

(800) CDC-INFO (232-4636) (English/Spanish)
(888) 232-6348 (TTY)

CDC National Prevention Information Network

(800) 458-5231 (English/Spanish)
(800) 243-7012 (TTY)
(888) 282-7681 (Fax)
9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

SKIN DISEASE

Foundation for Ichthyosis and Related Skin Types, Inc.

(800) 545-3286
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Psoriasis Foundation

(800) 723-9166
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

SPINAL CORD INJURY

See PARALYSIS AND SPINAL CORD INJURY

SMOKING

Smoking Quitline of the National Cancer Institute

(877) 44U-QUIT (448-7848)
(800) 332-8615 (TTY)
9:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

Smoking, Tobacco and Health Information Line

Office on Smoking and Health
(800) 232-1311 (Recording)

2006 Toll-Free Numbers

for Health Information



STROKE

See also *PARALYSIS AND SPINAL CORD INJURY*

American Heart Association Stroke Connection

(888) 478-7653

6:00 a.m.–midnight, Monday–Friday; 8:00 a.m.–10:00 a.m., Saturday (Eastern time)

National Institute of Neurological Disorders and Stroke

(800) 352-9424

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Stroke Association

(800) STROKES (787-6537)

9:00 a.m.–4:30 p.m., Monday–Friday (Eastern time)

STUTTERING

National Center for Stuttering

(800) 221-2483

10:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Stuttering Foundation of America, The

(800) 992-9392

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

SUBSTANCE ABUSE

See also *ALCOHOL ABUSE and DRUG ABUSE*

National Inhalant Prevention Coalition

(800) 269-4237 (Recording)

8:00 a.m.–7:00 p.m., Monday–Friday (Central time)

SAMHSA's National Clearinghouse for Alcohol and Drug Information

(800) 729-6686

(877) 767-8432 (Spanish)

(800) 487-4889 (TTY/TDD)

SUDDEN INFANT DEATH SYNDROME

See *RARE DISORDERS*

SURGERY/FACIAL PLASTIC SURGERY

American Academy of Facial Plastic and Reconstructive Surgery

(800) 332-3223

8:30 a.m.–5:30 p.m., Monday–Friday

American Society for Dermatologic Surgery, Inc.

(800) 441-2737 (Consumer Hotline)

American Society of Plastic Surgeons, Inc.

(888) 475-2784 (Referral Service)

8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

SUICIDE PREVENTION HOTLINES

National Hopeline Network

(800) SUICIDE (784-2433)

The Trevor Helpline

(866) 4-U-TREVOR (488-7386)

The Trevor Helpline is a national toll-free suicide prevention hotline aimed at gay and questioning youth. It's open 24 hours a day, 7 days a week, 365 days a year. Teens with nowhere to turn can call and talk confidentially to trained counselors and find local resources.

TRAUMA

American Trauma Society

(800) 556-7890

8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

UROLOGICAL DISORDERS

American Association of Kidney Patients

(800) 749-2257

8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

2006 Toll-Free Numbers

for Health Information



American Kidney Fund

(800) 638-8299
9:00 a.m.–5:00 p.m., Monday–Thursday; 9:00 a.m.–3:00 p.m., Friday (Eastern time)

American Urological Association Foundation

(800) 828-7866
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Health Care Services

National Kidney Foundation
(800) 622-9010
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Association for Continenence

(800) 252-3337
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Kidney and Urologic Diseases Information Clearinghouse

(800) 891-5390
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Polycystic Kidney Disease (PKD) Foundation

(800) 753-2873
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Simon Foundation for Continenence

(800) 237-4666

VENEREAL DISEASES

See SEXUALLY TRANSMITTED DISEASES

VETERANS

National Veterans Services Fund, Inc.

(800) 521-0198
9:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

Paralyzed Veterans of America

(800) 424-8200
(800) 232-1782 (Healthcare Hotline)
(800) 416-7622 (TDD)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Veterans Affairs Health Benefits Service Center

(877) 222-8387
6:00 a.m.–7:00 p.m., Monday–Friday (Central time)

Veterans Special Issue Helpline

Department of Veterans Affairs
(800) 749-8387 (Agent Orange/Persian Gulf War)
8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

VISION

See also LIBRARY SERVICES

American Council of the Blind

(800) 424-8666
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Blind Children's Center

(800) 222-3566
8:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

Braille Institute of America

(800) BRAILLE (272-4553)
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

DB-LINK (National Information Clearinghouse on Children Who Are Deaf-Blind)

(800) 438-9376
(800) 854-7013 (TTY)
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Foundation Fighting Blindness

(800) 683-5555
(800) 683-5551 (TDD)
9:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

Glaucoma Research Foundation

(800) 826-6693
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Guide Dog Foundation for the Blind, Inc.

(800) 548-4337
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

2006 Toll-Free Numbers

for Health Information



Guide Dogs for the Blind

(800) 295-4050
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Louisiana Center for the Blind

(800) 234-4166
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Alliance of Blind Students

(800) 424-8666
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Association for Parents of Children with Visual Impairments

(800) 562-6265
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Family Association for Deaf-Blind

(800) 255-0411 (Voice/TTY)
8:45 a.m.–4:30 p.m., Monday–Friday (Eastern time)

Prevent Blindness America

(800) 331-2020
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Seniors EyeCare Program

(800) 222-3937

Vision Connections Help Near You Information and Resource Service

Lighthouse International
(800) 829-0500
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Vision Council of America

(800) 424-8422
8:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

VIOLENCE

National Domestic Violence Hotline

(800) 799-SAFE (7233)
(800) 787-3224 (TDD)

National Organization for Victim Assistance

(800) TRY-NOVA (879-6682)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Rape, Abuse, and Incest National (RAIN) Network

(800) 656-4673

WOMEN

Endometriosis Association

(800) 992-3636 (Recording)

National Osteoporosis Foundation

(800) 223-9994

National Women's Health Information Center

(800) 994-9662
(888) 220-5446 (TDD)
9:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

PMS Access

Women's Health America
(800) 222-4767 (Recording)
8:00 a.m.–5:30 p.m., Monday–Friday (Central time)

Women's Health America

(800) 558-7046 (Recording)
8:00 a.m.–5:30 p.m., Monday–Friday (Central time)

Women's Sports Foundation

(800) 227-3988
9:00 a.m.–5:00 p.m., 9:00 a.m.–4:45 p.m., Monday–Friday (Eastern time)

For more health promotion and disease prevention information—

Search online for thousands of free Federal health documents using healthfinder® at <http://www.healthfinder.gov>

For health promotion and disease prevention information in Spanish—

Search online at <http://www.healthfinder.gov/espanol>.

2006 Toll-Free Numbers

for Health Information



TOLL-FREE NUMBERS FOR HEALTH INFORMATION • DIAL 1-800 (unless 866/877/888 is specified)

- ABLEDATA, 227-0216
- ADA Information Center, 949-4232 (Voice/TTY)
- AdCARE Hospital Helpline, 252-6465
- Aerobics and Fitness Foundation of America, 968-7263 (Consumers); 446-2322 (Professionals)
- Agency for Healthcare Research and Quality Clearinghouse, 358-9295
- AIDS Info, 448-0440; (888) 480-3739 (TTY)
- AIAnon Family Group Headquarters, 425-2666
- Alcohol and Drug Helpline, 821-4357
- Alliance for Aging Research, 639-2421
- Alzheimer's Association Helpline, 272-3900
- Alzheimer's Disease Education and Referral Center, 438-4380
- American Academy of Allergy, Asthma and Immunology, 822-2762
- American Academy of Facial Plastic and Reconstructive Surgery, 332-3223
- American Alliance for Health, Physical Education, Recreation and Dance, 213-7193
- American Association of Critical Care Nurses, 899-2226
- American Association of Diabetes Educators, 338-3633
- American Association of Kidney Patients, 749-2257
- American Association of Poison Control Centers, 222-1222
- American Autoimmune Related Diseases Association, Inc., 598-4668
- American Behcet's Disease Association, 723-4238
- American Brain Tumor Association, 886-2282
- American Cancer Society, 227-2345 (Voice/TDD/TT)
- American Chiropractic Association, 986-4636
- American Cleft Palate/Craniofacial Association/Cleft Palate Foundation, 242-5338
- American Council for Headache Education, 255-2243
- American Council of the Blind, 424-8666
- American Council on Alcoholism, 527-5344
- American Council on Exercise, 825-3636
- American Counseling Association, 347-6647
- American Dental Association, 947-4746 (Catalog Sales and Service)
- American Diabetes Association, 342-2383; 232-6733 (Fax Order Fulfillment)
- American Dietetic Association Consumer Nutrition Information Line, 366-1655
- American Health Assistance Foundation, 437-2423
- American Heart Association, 242-8721
- American Heart Association Stroke Connection, (888) 478-7653
- American Institute for Cancer Research, 843-8114
- American Juvenile Arthritis Organization, 283-7800
- American Kidney Fund, 638-8299
- American Leprosy Missions (Hansen's Disease), 543-3135
- American Liver Foundation, 223-0179
- American Lung Association, 586-4872; 528-2971 (Living Bank)
- American Nurses Association, 274-4262
- American Occupational Therapy Association, 729-2682; 377-8555 (TDD); 701-7735 (Fax-on-Request)
- American Osteopathic Association, 621-1773
- American Parkinson's Disease Association, 223-2732

2006 Toll-Free Numbers

for Health Information



- American Podiatric Medical Association, Inc., 366-8227
- American Running Association, 776-2732
- American SIDS Institute, 232-7437
- American Social Health Association, 230-6039
- American Society for Deaf Children, 942-2732
- American Society for Dermatologic Surgery, Inc., 441-2737
- American Society of Plastic Surgeons, Inc. (888) 475-2784
- American SpeechLanguageHearing Association, 638-8255
- American Thyroid Association, 849-7643
- American Trauma Society, 556-7890
- American Urological Association Foundation, 828-7866
- Americans with Disabilities Act Information Line, 514-0301 (English and Spanish); 514-0383 (TTY)
- Amyotrophic Lateral Sclerosis Association, 782-4747
- Angel Flight Mid-Atlantic, (877) 247-5433
- Aplastic Anemia and MDS International Foundation, Inc., 747-2820
- ARC of the United States, The, 433-5255
- Arthritis Foundation Information Hotline, 283-7800
- Arthritis National Research Foundation, 588-2873
- Association for Applied Psychophysiology and Biofeedback, 477-8892
- Association of Operating Room Nurses, 755-2676
- Asthma and Allergy Foundation of America, 727-8462
- Asthma Information Line, 822-2762
- Back to Sleep SIDS Information Campaign, 505-2742
- Batten's Disease Support and Research Association, 448-4570
- Bethany Christian Services, 238-4269
- Blind Children's Center, 222-3566
- Bradley Method of Natural Childbirth, 422-4784
- Braille Institute of America, 272-4553
- Brain Injury Association of America Helpline, 444-6443
- Brain Tumor Society, 770-8287
- Calix Society, 398-0524
- Cancer Hope Network, (877) 467-3638
- Candlelighters Childhood Cancer Foundation, 366-2223
- Captioned Media Program, National Association for the Deaf, 237-6213; 237-6819 (TTY); 538-5636 (Fax)
- CDC INFO, 232-4636; (888) 232-6348 (TTY)
- CDC National Prevention Information Network, 458-5231; 243-7012 (TTY); (888) 282-7681 (Fax)
- Center for Food Safety and Applied Nutrition, (888) 723-3366
- Charcot-Marie-Tooth Association, 606-2682
- Child Find of America, Inc., 426-5678; 292-9688
- Childhelp USA® National Child Abuse Hotline, 422-4453
- Children and Adults with Attention Deficit/Hyperactivity Disorder, 233-4050
- Children's Brain Tumor Foundation, (866) 228-4673
- Children's Tumor Foundation, 323-7938
- Children's Craniofacial Association, 535-3643
- Children's Hospice International, 242-4453
- Christopher Reeve Paralysis Association, 225-0292
- College of American Pathologists, 323-4040
- Cooley's Anemia Foundation, 522-7222
- Cornelia de Lange Syndrome Foundation, 223-8355; 753-2357
- Covenant House Nineline, 999-9999
- Crohn's and Colitis Foundation of America, Inc., 932-2423; 343-3637 (Warehouse)
- Cystic Fibrosis Foundation, 344-4823
- Danny Foundation, 833-2669
- DBLink, 438-9376; 854-7013 (TTY)

2006 Toll-Free Numbers

for Health Information



- DES Action USA, 337-9288
- DHHS Inspector General's Hotline, 447-8477
- Diabetes Public Inquiries Service, CDC, (877) 232-3422
- Dial A Hearing Screening Test, 222-3277 (Voice/TYY)
- Drug-Free Workplace Helpline, 967-5752
- Drug Help, 488-3784
- Drug Policy Information Clearinghouse, White House Office of National Drug Control Policy, 666-3332
- Dystonia Medical Research Foundation, 377-3978
- Ear Foundation, 545-4327
- Easter Seal Society, 221-6827
- Eldercare Locator, 677-1116
- Endometriosis Association, 992-3636
- Environmental Justice Information Line, 962-6215
- Epilepsy Foundation, 332-4050 (Library); 332-1000 (Publications)
- Epilepsy Information Service, 642-0500
- FACES: The National Craniofacial Association, 332-2373
- Families of Spinal Muscular Atrophy, 886-1762
- Federal Emergency Management Agency, 879-6076
- Federal Information Center, GSA, 688-9889; 326-2996 (TTY)
- Fibromyalgia Network, 853-2929
- Food Allergy and Anaphylaxis Network, 929-4040
- Foundation Fighting Blindness, 683-5555; 683-5551 (TDD)
- Foundation for Ichthyosis and Related Skin Types, Inc., 545-3286
- Gay, Lesbian, Bisexual, and Transgender Helpline, (888) 340-4528
- Gay & Lesbian National Hotline, (888) 843-4564
- Genetic Alliance, 336-4363
- Genetic and Rare Diseases Information Center, (888) 205-2311; (888) 205-3223 (TTY)
- Girls & Boys Town National Hotline, 448-3000; 448-1833 (TDD)
- Glaucoma Research Foundation, 826-6693
- Guide Dog Foundation for the Blind, Inc., 548-4337
- Guide Dogs for the Blind, 295-4050
- Health Care Services, National Kidney Foundation, 622-9010
- Health Resources and Services Administration Information Center, (888) 275-4772; (877) 489-4772
- Hear Now, 648-4327 (Voice/TDD)
- Heart Information Center, 292-2221
- Hepatitis Foundation International, 891-0707
- HillBurton Free Medical Care Program, 638-0742; 492-0359 (in MD)
- Histiocytosis Association of America, 548-2758
- Hormone Foundation, 467-6663
- Housing and Urban Development Drug Information and Strategy Clearinghouse, 955-2232
- Housing and Urban Development User, 245-2691; 927-7589 (TDD)
- Human Growth Foundation, 451-6434
- Huntington's Disease Society of America, 345-4372
- Immune Deficiency Foundation, 296-4433
- Indoor Air Quality Information Clearinghouse, 438-4318; 557-2366 (Radon Helpline); 644-6999 (Radon Fix-it Line); (866) 528-3187 (Spanish Hotline)
- Insure Kids Now Hotline, (877) 543-7669
- International Childbirth Education Association, 624-4934 (orders only)
- International Chiropractors Association, 423-4690
- International Dyslexia Association, 222-3123
- International Essential Tremor Foundation, (888) 387-3667
- International Hearing Society, 521-5247
- International Rett Syndrome Association, 818-7388

2006 Toll-Free Numbers

for Health Information



Job Accommodation Network, 232-9675 (Voice/TTY);
526-7234 (Voice/TTY)

John Tracy Clinic, 522-4582 (Voice/TDD)

Joseph and Rose Kennedy Institute of Ethics, 633-3849

Juvenile Diabetes Foundation International Hotline,
223-1138

Kidney Cancer Association, 850-9132

La Leche League International, 525-3243

Lamaze International, 368-4404

Lambda Legal Defense and Education Fund, (866) 542-
8336 x235 (Foster Care Helpline)

Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd.,
(888) 257-1107

Leukemia & Lymphoma Society, 955-4572

Liberty Godparent Home, 542-4453

Living Bank, 528-2971

Louisiana Center for the Blind, 234-4166

Lupus Foundation of America, (888) 385-8787

Lyme Disease Foundation, Inc., 886-5963

MAGIC Foundation for Children's Growth, 362-4423

Medical Institute for Sexual Health, 892-9484

MedicAlert Foundation, 432-5378

Medicare Issues Hotline, 633-4227; 820-1202 (TDD/TTY)

Multiple Sclerosis Association of America, 532-7667

Multiple Sclerosis Foundation, (888) 673-6287

Muscular Dystrophy Association, 572-1717

Myasthenia Gravis Foundation, 541-5454

National Abortion Federation, 772-9100

National Adoption Center, 862-3678

National Alliance for the Mentally Ill, 950-6264

National Alliance of Blind Students, 424-8666

National Association for Continence, 252-3337

National Association for Parents of Children with Visual
Impairments, 562-6265

National Association for the Education of Young Children,
424-2460

National Association of Hospital Hospitality Houses, Inc.,
542-9730

National Association of Radiation Survivors, 798-5102

National Bone Marrow Transplant Link, 546-5268

National Brain Tumor Foundation, 934-2873

National Cancer Institute's Cancer Information Service,
422-6237, 332-8615 (TTY)

National Center for Complementary and Alternative
Medicine Clearinghouse, (888) 644-6226; (866) 464-3615
(TTY); (866) 464-3616 (Fax)

National Center for Lesbian Rights, 528-6257 (Youth
Legal Information Line)

National Center for Missing & Exploited Children®, 843-
5678; (877) 446-2632 (Voice Mail)

National Center for Stuttering, 221-2483

National Child Care Information Center, 616-2242;
516-2242 (TTY); 716-2242 (Fax)

National Clearinghouse of Rehabilitation Training
Materials, 223-5219

National Clearinghouse on Child Abuse and Neglect
Information, 394-3366

National Council on Alcoholism and Drug
Dependence, Inc., 622-2255

National Council on Problem Gambling, 522-4700

National Criminal Justice Reference Service, 851-3420

National Dairy Council, 426-8271; 974-6455 (Fax)

National Diabetes Information Clearinghouse, 860-8747

National Digestive Diseases Information Clearinghouse,
891-5389

National Dissemination Center for Children with
Disabilities, 695-0285 (Voice/TTY)

National Domestic Violence Hotline, 799-7233;
787-3224 (TDD)

2006 Toll-Free Numbers for Health Information



- National Down Syndrome Congress, 232-6372
- National Down Syndrome Society Hotline, 221-4602
- National Family Association for DeafBlind, 255-0411
- National Fire Protection Association, 344-3555
- National Fragile X Foundation, 688-8765
- National Gaucher Foundation, 925-8885
- National Hansen's Disease Programs, 642-2477
- National Headache Foundation, (888) 643-5552
- National Health Information Center, 336-4797
- National Health Service Corps, 221-9393 (Scholarships/ Loan Repayment & Job Opportunities in underserved areas)
- National Heart, Lung, and Blood Institute Health Information Center, 575-9355 (High Blood Pressure and Cholesterol Information Hotline)
- National Hemophilia Foundation, (888) 463-6643
- National Hispanic Family Health Helpline, (866) 783-2645
- National Hispanic Indoor Air Quality Helpline, 725-8312
- National Hispanic Prenatal Helpline, 504-7081
- National Hopeline Network, 784-2433
- National Hospice and Palliative Care Organization, 658-8898
- National Immunization Information Hotline, 232-4636; 243-7889 (TTY), (888) 232-3299 (Fax-back)
- National Information Clearinghouse on Children Who Are DeafBlind, 438-9376; 854-7013 (TTY)
- National Inhalant Prevention Coalition, 269-4237
- National Institute for Occupational Safety and Health Information Inquiry Service, 356-4674
- National Institute for Rehabilitation Engineering, 736-2216
- National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse, (877) 226-4267
- National Institute of Child Health and Human Development Information Resource Center, 370-2943
- National Institute of Mental Health Information Center, (866) 615-6464
- National Institute of Neurological Disorders and Stroke, 352-9424
- National Institute on Aging Information Center, 222-2225; 222-4225 (TTY)
- National Institute on Deafness and Other Communication Disorders Information Clearinghouse, 241-1044; 241-1055 (TTY)
- National Jewish Medical and Research Center, 222-5864
- National Kidney and Urologic Diseases Information Clearinghouse, 891-5390
- National Lead Information Center, 424-5323 (Clearinghouse); 877-8339 (TDD)
- National Lekotek Center, 366-7529; 573-4446 (Voice and TTY)
- National Library of Medicine, (888) 346-3656
- National Library Service for the Blind and Physically Handicapped, 424-8567
- National Life Center/Pregnancy Hotline, 848-5683
- National Lymphedema Network, 541-3259
- National Marfan Foundation, 862-7326
- National Marrow Donor Program®, 627-7692
- National Mental Health Association Resource Center, 969-6642; 433-5959 (TTY)
- National Multiple Sclerosis Society, 344-4867
- National Organization for Albinism and Hypopigmentation; 473-2310
- National Organization for Rare Disorders, 999-6673
- National Organization for Victim Assistance, 879-6682
- National Organization on Fetal Alcohol Syndrome, 666-6327
- National Parkinson Foundation, Inc., 327-4545
- National Patient Air Transport Helpline, 296-1217
- National Pediculosis Association, 446-4672

2006 Toll-Free Numbers

for Health Information



- National Pesticide Information Center, 858-7378
- National Program for Playground Safety, 554-7529
- National Psoriasis Foundation, 723-9166
- National Rehabilitation Information Center, 346-2742
- National Resource Center on Domestic Violence, 537-2238
- National Resource and Training Center on Homelessness and Mental Illness, 444-7415
- National Reye's Syndrome Foundation, 233-7393
- National Runaway Switchboard, 621-4000; 621-0394 (TDD)
- National Safety Council, 621-7615
- National Spasmodic Torticollis Association, 487-8385
- National Spinal Cord Injury Association, 962-9629
- National Stroke Association, 787-6537
- National Technical Information Service, 553-6847
- National Veterans Services Fund, 521-0198
- National Women's Health Information Center, 994-9662
- National Youth Crisis Hotline, 448-4663
- Neurofibromatosis, Inc., 942-6825 (Hotline)
- Office for Civil Rights, U.S. Department of Health and Human Services, 368-1019
- Office of Minority Health Resource Center, 444-6472
- Office of Orphan Products Development, 300-7469
- Osteogenesis Imperfecta Foundation, 981-2663
- Osteoporosis and Related Bone Diseases~National Resource Center, 624-2663
- Paget Foundation for Paget's Disease of Bone and Related Disorders, 237-2438
- Paralyzed Veterans of America, 424-8200; 232-1782; 416-7622 (TDD)
- Parents Resource Institute for Drug Education (PRIDE), 279-6361 (Surveys); 668-9277 (Youth Program)
- Parkinson's Disease Foundation, 457-6676
- Peer Listening Line, 399-7337
- Pension Benefit Guaranty Corporation, 400-7242
- Phoenix Society for Burn Survivors, 888-2876
- Planned Parenthood Federation of America, 230-7526; 669-0156 (Order line)
- PMS Access, 222-4767
- Polycystic Kidney Disease (PKD) Foundation, 753-2873
- PraderWilli Syndrome Association, 926-4797
- Prevent Blindness America, 331-2020
- Prevent Child Abuse America, 556-2722
- Project Inform HIV/AIDS Treatment Hotline, 822-7422
- Public and Indian Housing Information and Resource Center, 955-2232
- Rape, Abuse, and Incest National Network, 656-4673
- Recording for the Blind and Dyslexic, 221-4792
- Research to Prevent Blindness, 621-0026
- Restless Legs Syndrome Foundation, (877) 463-6757
- Safe Drinking Water Hotline, 426-4791
- Safe Sitter, 255-4089
- SAMHSA's National Clearinghouse for Alcohol and Drug Information, 729-6686; 877-767-8432 (Spanish); 487-4889 (TTY/TDD)
- SAMHSA's National Mental Health Information Center, 789-2647; (866) 889-2647 (TDD)
- School Nutrition Association, 877-8822
- Scleroderma Foundation, 722-4673
- Scoliosis Association, 800-0669
- Seniors EyeCare Program, 222-3937
- Shriners Hospital for Children Referral Line, 237-5055
- Sickle Cell Disease Association of America, Inc., 421-8453
- SIDS Alliance, 221-7437

2006 Toll-Free Numbers for Health Information



- Simon Foundation for Continence, 237-4666
- Sjogren's Syndrome Foundation, Inc., 475-6473
- Smoking Quitline of the National Cancer Institute, (877) 448-7848; 332-8615 (TTY)
- Smoking, Tobacco and Health Information Line, Office on Smoking and Health, 232-1311
- Social Security Administration, 772-1213
- Spina Bifida Association of America, 621-3141
- Spondylitis Association of America, 777-8189
- Starlight Starbright Children's Foundation, 274-7827
- SturgeWeber Foundation, 627-5482
- Stuttering Foundation of America, 992-9392
- Support Organization for Trisomy 18, 13 and Related Disorders, 716-7638
- Susan G. Komen Breast Cancer Foundation, 462-9273
- Thyroid Foundation of America, Inc., 832-8321
- TOPS (Taking Off Pounds Sensibly) Club, Inc., 932-8677
- Tourette Syndrome Association, Inc., (888) 486-8738
- Trevor Helpline, (866) 488-7386
- Tuberous Sclerosis Alliance, 225-6872
- Turner Syndrome Society of the United States, 365-9944
- United Cerebral Palsy Association, 872-5827
- United Leukodystrophy Foundation, 728-5483
- United Network for Organ Sharing, (888) 894-6361
- United Ostomy Association, 826-0826
- U.S. Coast Guard Infoline, Office of Boating Safety, 368-5647, 689-0816 (TDD/TTY)
- U.S. Consumer Product Safety Commission Hotline, 638-2772; 638-8270 (TDD)
- U.S. Department of Agriculture Meat and Poultry Hotline, (888) 674-6854
- U.S. Fish & Wildlife Service, 344-9453
- U.S. Food and Drug Administration, 332-1088 (Medwatch); (888) 463-6332 (Consumer Inquiries)
- U.S. Pharmacopeia Center for the Advancement of Patient Safety, 233-7776 (Medication Errors)
- Us Too! International, 808-7866
- Vehicle Safety Hotline, National Highway Traffic Safety Administration, 424-9393; 424-9153 (TTY)
- Vestibular Disorders Association, 837-8428
- Veterans Affairs Health Benefits Service Center, (877) 222-8387
- Veterans Special Issue Helpline, 749-8387
- Vision Connections Help Near You Information and Resource Service, 829-0500
- Vision Council of America, 424-8422
- Wegener's Granulomatosis Association, Inc., 277-9474
- Weight Control Information Network (WIN), (877) 946-4627
- Well Spouse Association, 838-0879
- Wilson's Disease Association, 399-0266
- Women's Health America, 558-7046
- Women's Sports Foundation, 227-3988
- YMCA of the USA, 872-9622
- YME National Organization for Breast Cancer Information Support Program, 221-2141 (English); 986-9505 (Spanish)
- Zero to Three: National Center for Infants, Toddlers and Families, 899-4301



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U.S. Department of Health
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