

Healthy People 2020 in Review:

Prioritizing Social Determinants of Health

Healthy People has a strong focus on [social determinants of health \(SDOH\)](#). When we address SDOH, we help reduce health disparities and advance health equity!

Social determinants of health are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.



SDOH in Healthy People 2020

Healthy People 2020 used a “place-based” organizing framework that reflected **5** key SDOH domains:

-  Economic Stability
-  Education
-  Health and Health Care
-  Neighborhood and Built Environment
-  Social and Community Context

Healthy People 2020 was also the first iteration of the Healthy People initiative to have an overarching goal, Leading Health Indicator, and a topic area with objectives focused specifically on SDOH. In addition, Healthy People 2020 incorporated objectives from a range of topic areas into Healthy People 2020’s place-based SDOH framework.

Addressing health disparities

Organization: [California Health Collaborative \(CHC\)](#) — a Healthy People 2030 Champion

Approach: CHC runs a variety of tobacco programs that educate, inform, and drive policy change for healthier communities across the state. These programs focus on reducing tobacco-related health disparities and advancing health equity. For example, to protect people in communities statewide from secondhand smoke, CHC has helped them adopt and implement smoke-free policies. Often, the communities implemented these local policies before state policies were adopted.

Outcome: CHC’s efforts have led to smoke- and vape-free multi-unit housing, smoke- and vape-free parks and recreation areas, smoke-free business entryways, and smoke-free outdoor event policies in rural communities and communities of color.

Healthy People objectives addressed



Healthy People 2020 objective:
Reduce the proportion of adults aged 18 years and older exposed to secondhand smoke
— TU-11.3



Healthy People 2030 objective:
[Reduce the proportion of people who don’t smoke but are exposed to secondhand smoke](#)
— TU-19


SDOH in Healthy People 2030


We’ve increased our focus on SDOH in Healthy People 2030 — for the first time, objectives tied to SDOH have **10-year targets**. And, consistent with Healthy People 2020, one of Healthy People 2030’s 5 overarching goals is specifically related to SDOH.



SDOH-focused goal

“Create social, physical, and economic environments that promote attaining the full potential for health and well-being for all.”

 Just like Healthy People 2020, Healthy People 2030 groups SDOH into 5 key domains. To learn more, [watch our 3-minute overview video](#).

 To read snapshots of the latest research related to specific SDOH, [check out our SDOH Literature Summaries](#).



Become a Healthy People 2030 Champion!

If your organization addresses SDOH, [apply to join our Healthy People 2030 Champion Program](#). Together, we can advance the [Healthy People 2030 vision!](#)